FAYETTE COUNTY PUBLIC SCHOOLS

Unit Framework for Physical Education – K-2

Unit (Number)	Orientation
Big Ideas What enduring understandings are essential for application to new situations within or beyond this content?	Non-locomotor skills are motor skills that can be accomplished while stationary. These skills are used in a variety of activities and are taught at the foundational level early in the physical education experiences. Movement principles such as force are important to learn. The principles are used in many movements and knowledge of these principles can enhance the physical activity experience.
Essential Questions What questions will provoke and sustain student engagement while focusing learning?	What are non-locomotor movements? How are non-locomotor movements used every day? How can you apply different forces while moving?
Power Standards Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level?	Standard 1: Demonstrate competency in a variety of motor skills and movement patterns. Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.
Supporting Standards Which related standards will be incorporated to support and enhance the enduring standards?	 K.1.NL1. Explore non-locomotor skills, using different body parts. K.2.SD1. Explore travel in general space with different speeds. 1.1NL1. Perform a variety of non-locomotor skills, using different body parts at different levels. 1.2.SD1. Differentiate between fast and slow speeds as well as light and strong force. 2.1.NL1. Perform non-locomotor skills, with and without equipment. 2.2.SD1. Vary time and force with gradual increases and decreases.
Essential Vocabulary What vocabulary must students know to understand and communicate effectively about this content?	Non-locomotor Twist Turn Stretch Force Relaxing
Cross Curriculum Connections Are there opportunities to make connections to other disciplines (standards and curriculum programs)?	Math – Quadrants, skip counting, time recognition LA – Reading signs, Letter recognition Science – Animal movements
Assessing Learning How will you know when students have learned? How do you know students have successfully met the learning intention?	https://www.dynamicpeasap.com/assets/media/assessments/DPE-1-26- Movement%20Skills%20and%20Concepts-TC2.pdf
Instructional Strategies and Other Resources	https://www.dynamicpeasap.com/dynamic-pe-plans/qM09Q6

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