FAYETTE COUNTY PUBLIC SCHOOLS

Unit Framework for Physical Education – K-2

dy management skills such as rolling and transferring weight. ad to these skills through gymnastics lessons. Pathways and a are also taught as students learn to combine motor skills. earn to move your weight from body part to body part? ys can you use during gymnastics? one movement to another, how do you move to be safe? ate competency in a variety of motor skills and movement wledge of concepts, principles, strategies and tactics to mance. ht from one foot to the other. ays, levels and relationships.
ed to these skills through gymnastics lessons. Pathways and are also taught as students learn to combine motor skills. earn to move your weight from body part to body part? ys can you use during gymnastics? one movement to another, how do you move to be safe? ate competency in a variety of motor skills and movement wledge of concepts, principles, strategies and tactics to mance.
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wledge of concepts, principles, strategies and tactics to mance. nt from one foot to the other.
trom one body part to another with control. between fast and slow speeds as well as light and strong force. In to different body parts using control, with and without bes, levels and pathways into travel sequences.
Rolling Weight Transfer Travel Sequence
Weight Transfer
peasap.com/assets/media/assessments/DPE-1-7-Gymnastics-