

FAYETTE COUNTY PUBLIC SCHOOLS

Unit Framework for Physical Education – K-2

Unit (Number)	Orientation						
<p>Big Ideas What enduring understandings are essential for application to new situations within or beyond this content?</p>	<p>Walking is a lifetime activity and a fundamental locomotor skill. While seemingly simple, students are taught walking cues, safety, and pacing. When teaching spacing students learn how walking speed impacts the body and the use of physical activity as a lifetime activity.</p>						
<p>Essential Questions What questions will provoke and sustain student engagement while focusing learning?</p>	<p>What does walking do to your body? Why is walking healthy for you at any age? How does walking speed impact your body? What makes walking a lifetime activity?</p>						
<p>Power Standards Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level?</p>	<p>Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.</p> <p>Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.</p>						
<p>Supporting Standards Which related standards will be incorporated to support and enhance the enduring standards?</p>	<p>K.2.SD1. Explore travel in general space with different speeds. K.3.PF1. Identify the importance of daily activity. 1.2.SD1. Differentiate between fast and slow speeds as well as light and strong force. 1.3.PA1. Identify reasons for participating in daily physical activity. 2.2.SD1. Vary time and force with gradual increases and decreases. 2.3.PA1. Identify opportunities to participate in physical activity in various settings.</p>						
<p>Essential Vocabulary What vocabulary must students know to understand and communicate effectively about this content?</p>	<table border="0"> <tr> <td>Walking</td> <td>Lifetime</td> <td>Speed</td> </tr> <tr> <td>Pacing</td> <td>Healthy</td> <td>Locomotor</td> </tr> </table>	Walking	Lifetime	Speed	Pacing	Healthy	Locomotor
Walking	Lifetime	Speed					
Pacing	Healthy	Locomotor					
<p>Cross Curriculum Connections Are there opportunities to make connections to other disciplines (standards and curriculum programs)?</p>	<p>Science – Speed, acceleration Math – Shape recognition, factors, perimeter LA – Antonyms, Vocabulary</p>						
<p>Assessing Learning How will you know when students have learned? How do you know students have successfully met the learning intention?</p>	<p>https://www.dynamicpeasap.com/assets/media/assessments/DPE-1-12-Walking%20and%20Jogging%20Skills-WE5.pdf</p>						
<p>Instructional Strategies and Other Resources</p>	<p>https://www.dynamicpeasap.com/dynamic-pe-plans/XMj2M2</p>						
<p>**Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.</p>							