Clarity for Learning Planning Template	
Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance. Standard 5: Demonstrate value of physical activity for health, enjoyment, challenge, self-expression and social interaction.	
Concepts (Nouns)	Skills (Verbs)
Force is applied to objects to make them move	Applying a force to an object like a ball makes it move
Enjoyment is an important part of physical activity	Recognizing what makes you feel positive about movement helps you find what you enjoy doing.

## **Learning Progressions**

## Force

• Force and the application of force is fundamental principle involved in all movements. Students will progress through the exploration for forces on body parts (e.g. feet) to jump being able to apply specific amounts of force while taking off and landing.

## Enjoyment

• The goal of all physical education experiences is to lead students to finding joy in movement. This is taught by first teaching students to identify feelings they have about specific activities and to identify their positive feelings.

Learning Intentions (I am learning to)	Success Criteria (I know I'm successful when)
I am learning to understand the principles of physical activity  I am learning to enjoy movement.	I know I am successful when I can:  Demonstrate different activities using different forces Identify positive feelings about physical activity.