

Clarity for Learning Planning Template

Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.

Standard 5: Demonstrate value of physical activity for health, enjoyment, challenge, self-expression and social interaction.

Concepts (Nouns)

The motor skill throwing is a skill we use in many sports.

Challenge is a part of learning new skills and knowledge

Skills (Verbs)

Practicing motor skills is important to get better at skills

Trying challenging activities can be difficult.

Learning Progressions

Throwing

- In grades K-2 students learn to the motor skill, throwing and use the skill in a variety of contexts including with a scarf, yarn ball, and to a partner. These progressions foster many repetitions for students. Students progress at their own rate with many opportunities to choose the skill cues they practice.

Challenge

- Challenge is an important part of learning in physical education. Early in their physical education experiences students learn to identify activities that are hard for them and that are easy for them. They learn the importance of practice and persistence when working to learn a skill or concept.

Learning Intentions (I am learning to...)

I am learning to perform motor skills

I am learning to identify activities that challenge me

Success Criteria (I know I'm successful when...)

I know I am successful when I can:

- Throw a small ball using 2 of 4 cues
- Identify one throwing activity that was hard for me