

Clarity for Learning Planning Template	
Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance. Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	
Concepts (Nouns) Locomotor skills include walking which is a lifetime physical activity Speed impacts the effect walking has on the body	Skills (Verbs) Walking is a skill you can use throughout your life to be healthy. Pacing is an important part of walking
Learning Progressions Walking <ul style="list-style-type: none"> Walking is a fundamental locomotor skill that students refine during physical education. Students learn the specific cues for mature walking and learn that walking is a great lifetime activity because it can be done alone, it is inexpensive, and can be done a variety of intensities. Speed <ul style="list-style-type: none"> Walking can be done at different speeds. Different speeds require different skills include spatial awareness, faster arm movement, and faster steps. Students explore various speeds and the impact these speeds have on their bodies, specifically heart rate and sweating. 	
Learning Intentions (I am learning to...)	Success Criteria (I know I'm successful when...)
I am learning to perform movement principles. I am learning to understand the importance of lifetime physical activity.	I know I am successful when I can: <ul style="list-style-type: none"> Walk using different speeds demonstrating 2 of 4 cues. Identify walking as a lifetime physical activity.