Clarity for Learning Planning Template		
Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.		
Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.		
Concepts (Nouns)	Skills (Verbs)	
Motor skills include kicking, trapping, bowling, and rolling	Kicking, trapping, bowling, and rolling are motor skills that can be used in many physical activities	
Physical activity is health enhancing.	Moving, or being physically active, on a regular basis is good for your health.	

## **Learning Progressions**

Kicking, trapping, bowling and rolling

• Kicking, trapping, bowling, and rolling are fundamental motor skills. Specifically, they are manipulative skills involving the hands and feet. Students begin their learning experiences with teacher led exploratory activities using these skills.

## Physical activity

• Throughout the K-2 physical education program, students learn that physical activity is healthy. At the core of this concept is the notion that ALL activity is good activity. Foundational too this is students recognizing that regardless of the activity selected, there are health benefits for engaging in it.

Learning Intentions (I am learning to)	Success Criteria (I know I'm successful when)
I am learning to perform motor skills  I am learning to understand that physical activity is healthy.	I know I am successful when I can:  • Kick a stationary ball demonstrating 2 of 4 cues.  • Identify physical activities that are good for my health.