

Clarity for Learning Planning Template	
Standard 1: Demonstrate competency in a variety of motor skills and movement patterns. Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	
Concepts (Nouns) Motor skills include locomotor skills like walking. Many fitness skills help us improve our muscular strength	Skills (Verbs) Walking is a locomotor movement fundamental to human movement Practicing physical activities that improve muscular strength can be done at school or at home.
Learning Progressions Walking <ul style="list-style-type: none"> Walking is a specific locomotor skill under the umbrella of motor skills. During K-2 students learn the cues to mature patterns of walking. Given walking is the most popular form of adult physical activity it is critical that students learn appropriate walking technique to prevent injury. These skills are taught along with reinforcing personal space. Fitness <ul style="list-style-type: none"> During K-2 fitness activities are used to expose students to a variety of activities that can be used to improve various components of fitness, including muscular strength. This time of the lesson is to allow students to discover the joy in these movements and lead them on a journey of developing meaningful physical activity experiences. 	
Learning Intentions (I am learning to...)	Success Criteria (I know I'm successful when...)
I am learning to perform motor skills I am learning to demonstrate fitness activities	I know I am successful when I can: <ul style="list-style-type: none"> Walk in a straight line demonstrating 3 of 4 cues. Demonstrate two activities that enhance muscular strength.