Clarity for Learning Planning Template	
Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.	
Standard 4: Demonstrate responsible personal and social behavior that exhibits respect for self and others.	
Concepts (Nouns)	Skills (Verbs)
Long rope jumping is a motor skill	Turning a rope is important when jumping a long rope
Cooperation is important when jumping a long rope	Working together helps make long rope jumping more successful

Learning Progressions

Long Rope Jumping

• Long rope jumping begins by first learning to jump a rope lying on the ground or a line on the floor. Students then learn to turn the rope with a partner in a rhythmic fashion or with a specific cadence. Turning the rope is an essential skill for students to learn. Students then learn to jump the rope progressing from a tic toc turned rope to a full turn.

Cooperation

• Cooperation is a constant theme in physical education. When learning to jump a long rope students must cooperate with their peers to ensure safe spacing. Cooperation is also taught by learning to turn a rope with a partner using a specific cadence. Students also work in groups of 3-4 to learn long rope jumping.

Learning Intentions (I am learning to)	Success Criteria (I know I'm successful when)
I am learning to jump long rope I am learning to understand the importance of cooperation	I know I am successful when I can: • Turn a long rope with a partner demonstrating 3 of 4 cues.