

FAYETTE COUNTY PUBLIC SCHOOLS

Unit Framework for Physical Education – 3-5

Unit (Number)	Orientation			
<p>Big Ideas What enduring understandings are essential for application to new situations within or beyond this content?</p>	<p>Recreational games are games students can engage in at recess or outside of schools. These activities are modifiable for students to engage based on their own skill level. This offers the opportunity to student gauge their enjoyment of traditional and non-traditional activities.</p> <p>One type of physical activity are fitness related activities. Fitness activities address five components. Students learn to categorize activities by fitness component.</p>			
<p>Essential Questions What questions will provoke and sustain student engagement while focusing learning?</p>	<p>What does recreation mean? What types of activities are recreational? What is exercise? How are exercises categorized?</p>			
<p>Power Standards Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level?</p>	<p>Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.</p> <p>Standard 5: Demonstrate value of physical activity for health, enjoyment, challenge, self-expression and social interaction.</p>			
<p>Supporting Standards Which related standards will be incorporated to support and enhance the enduring standards?</p>	<p>3.3.PF2. Identify the components of health related fitness. 3.5.SE1. Explain how physical activities are enjoyable. 4.3.PF2. Identify physical activities that improve the components of health related fitness. 4.5.SE1. Rank the enjoyment of participating in various physical activities. 5.3.PF2. Identify the benefits associated with developing and maintaining health-related fitness. 5.5.SEE1. Analyze different physical activities for enjoyment and challenge identifying reasons for a positive or negative response.</p>			
<p>Essential Vocabulary What vocabulary must students know to understand and communicate effectively about this content?</p>	<table border="0"> <tr> <td>Recreational Components</td> <td>Ranking Category</td> <td>Fitness Exercise</td> </tr> </table>	Recreational Components	Ranking Category	Fitness Exercise
Recreational Components	Ranking Category	Fitness Exercise		
<p>Cross Curriculum Connections Are there opportunities to make connections to other disciplines (standards and curriculum programs)?</p>	<p>Math – Number patterns, quadrants LA – Reading signs, Patterns</p>			
<p>Assessing Learning How will you know when students have learned? How do you know students have successfully met the learning intention?</p>	<p>https://www.dynamicpeasap.com/assets/media/assessments/DPE-2-11-Playground%20Games%20and%20Recreational%20Activities-WB5.pdf</p>			
<p>Instructional Strategies and Other Resources</p>	<p>https://www.dynamicpeasap.com/dynamic-pe-plans/EZmJ4y</p>			

****Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.**

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