### Clarity for Learning Planning Template

Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.

Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.

### **Concepts (Nouns)**

Motor skills like throwing can be used in many different activities.

Speed is a concept related to how fast the ball moves when thrown.

### Skills (Verbs)

Throwing for velocity is different from throwing for accuracy.

Changing speeds when I throw may be a strategy in a game.

# **Learning Progressions**

# Throwing

• Throwing is taught throughout the physical education curriculum. In K-2 program an emphasis is placed on developing mature throwing patterns. Next, students learn to throw with accuracy as in, to a partner or target. Students are also exposed to ways of applying different movement principles such as force and speed, to throwing. For each added progression, application in a game is explored.

## Speed

• Various activities may require students to throw at different speeds. Students are encouraged to explore throwing to a partner with various speeds.

Learning Intentions (I am learning to)	Success Criteria (I know I'm successful when)
I am learning to throw with accuracy I am learning to throw at various speeds	I know I am successful when I can:  • Throw a yarn ball to a moving partner demonstrating 2 of 4 cues.  • Can control the speed I throw.