

<b>Clarity for Learning Planning Template</b>	
<p>Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.</p> <p>Standard 5: Demonstrate value of physical activity for health, enjoyment, challenge, self-expression and social interaction.</p>	
<p><b>Concepts (Nouns)</b></p> <p>Speed is a movement concept that can impact physical activity intensity</p> <p>Social interaction can happen in various activities, including frisbee activities.</p>	<p><b>Skills (Verbs)</b></p> <p>Comparing activities by intensity helps understand the impact they have on the body.</p> <p>Analyzing social benefits of physical activity helps understand their value.</p>
<p><b>Learning Progressions</b></p> <p>Speed</p> <ul style="list-style-type: none"> <li>During the primary physical education program students are introduced to the movement concept of speed. During the 3-5 program students explore the use of speed as a strategy in games and as a tool for changing the intensity of a physical activity, specifically exercise.</li> </ul> <p>Social Benefits</p> <ul style="list-style-type: none"> <li>The social benefits of physical activity are introduced and reinforced throughout the physical education program. Some activities are very social in that the culture surrounding the activity offers many opportunities for social interaction beyond the activity. Students explore activities such as this and analyze the social benefits.</li> </ul>	
<b>Learning Intentions (I am learning to...)</b>	<b>Success Criteria (I know I'm successful when...)</b>
<p>I am learning to use speed to make activities more or less intense.</p> <p>I am learning to identify the social benefits of frisbee activities.</p>	<p>I know I am successful when I can:</p> <ul style="list-style-type: none"> <li>Provide two social benefits of physical activity.</li> <li>Apply speed to make a fitness activity more or less intense.</li> </ul>