

Clarity for Learning Planning Template

Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.

Concepts (Nouns)

Non-locomotor skills include various body parts and many patterns.

Motor skills are combined in sequences for many different activities.

Skills (Verbs)

Applying non-locomotor skills requires practice and challenge.

Sequencing motor skills together allows more variety of movement.

Learning Progressions

Non-locomotor

- Non-locomotor skills are introduced and explored in the K-2 program. In the 3-5 program the foundational skills are built on to explore more advanced gymnastics skills. Students are provided choice during these lessons to personalize their experiences and foster enjoyment.

Sequencing

- Students are usually first taught motor skills in isolation. Students then explore motor skills in combination either in a specific activity such as running and catching. Further, students analyze the use of movements and transitioning from one skill to another.

Learning Intentions (I am learning to...)

I am learning to perform non-locomotor movements.

I am learning to combine movements.

Success Criteria (I know I'm successful when...)

I know I am successful when I can:

- Combine skills to create a gymnastics sequence with two movements.
- Demonstrate three non-locomotor movements.