

Clarity for Learning Planning Template	
Standard 1: Demonstrate competency in a variety of motor skills and movement patterns. Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	
Concepts (Nouns) Racquet control is a fundamental motor skill in tennis. Exercises specific to tennis can be used as a warm up.	Skills (Verbs) Controlling the racquet is the first thing to learn in tennis. Analyzing movements in an activity helps develop appropriate warm ups..
Learning Progressions Tennis <ul style="list-style-type: none"> Students learn skills cephalocaudal (inside out). Thus, early in the program they learn to strike balloons and other objects with their hand and then a paddle. The next progression is to use a tennis racquet. When explore tennis the first skill emphasized is simply controlling the racquet with an appropriate grip. Specificity <ul style="list-style-type: none"> Throughout the program students learn fitness activities and exercises. Now they learn the concept of specificity. That is, tennis movements are analyzed and students determine appropriate fitness activities for tennis based on the analysis. 	
Learning Intentions (I am learning to...)	Success Criteria (I know I'm successful when...)
I am learning to handle a tennis racquet. I am learning to demonstrate fitness specificity.	I know I am successful when I can: <ul style="list-style-type: none"> Control the racquet to perform most of the activities. Analyze tennis movements to determine fitness activities for tennis.