### **FAYETTE COUNTY PUBLIC SCHOOLS**

# Unit Framework for (Physical Education) – 7th Grade

	Net/Wall Games
UNITS Sample of units that can be included under teaching invasion games.	badminton, volleyball, spikeball, pickleball, tennis, table tennis, nitro ball
Big Ideas What enduring understandings are essential for application to new situations within or beyond this content?	Net/Wall games are games in which two teams or individuals send an object towards a court or target area that an opponent is defending. The overall goal is to send the object in a manner that makes it difficult for the opponent to return.
Essential Questions What questions will provoke and sustain student engagement while focusing learning?	Standard 1:  1. What are key skills used in net/wall games?  2. What are cues to execute skills in net/wall games?
	Standard 2:  1. What strategies can be used when on offense or defense in net/wall games?
	Standard 3  1. How can participation in net/wall games fulfill fitness and lifetime activities?  2. What skill-related components of fitness are used in net/wall games?
	Standard 4  1. What are the rules of net/wall games?  2. How do teamwork and sportsmanship affect game play?
Power Standards Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level?	NPES Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.
	Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.
	Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
	Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others.
Teaching and Learning	personal and social behavior that respects self and others.  Revised 2020 Page 1 of 3

Teaching and Learning Revised 2020 Page **1** of **3** 

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	Standard 5: The physically literate individual recognizes the value of
	physical activity for health, enjoyment, challenge, self-expression
	and/or social interaction.
Supporting Standards Which related standards will be incorporated to support and enhance the enduring standards?	7.1.MP1. Apply refined movement concepts, principles, strategies and tactics when learning and performing physical activities.
	7.1.MP2. Demonstrate combined motor skills in a variety of games and activities.
	7.1.MP3. Perform controlled movements in game-like situations. 7.1.MS1. Demonstrate how to send, receive and retain a variety of objects, while taking into account position and motion in relation to others, equipment and boundaries, while applying appropriate
	performance cues.
	7.2.MC1. Demonstrate how movement concepts, principles, strategies and tactics apply to the performance of various physical activities and game-like situations.
	7.2.MC2. Demonstrate how motor skills and techniques need to be refined, combined and varied in the development of specialized skills
	for participation in physical activities and game-like situations. 7.2.MC3. Demonstrate how nonlocomotor, locomotor and
	combination skills are used to build simple, creative sequences in physical activities and game-like situations.
	7.3.PA1. Explain the physical, social and mental/emotional benefits of
	being physically active. 7.4.SW1. Accept differences among classmates in physical
	development, maturation and varying skill levels by providing
	encouragement and positive feedback.
	7.4.RE1. Demonstrate knowledge of rules and etiquette by
	self-officiating standard and modified physical activities. 7.4.RE2. Demonstrate cooperation skills by establishing rules and
	guidelines for resolving conflict.
	7.4.SA1. Demonstrate knowledge of appropriate safety principles, rules and procedures in a variety of physical activities.
	7.5.H1. Compare how regular participation in physical activities
	supports the goals of a healthy lifestyle. 7.5.C1. Identify strategies for persevering when physical activities bring
	challenge. 7.5.S11. Demonstrate positive social interactions during physical
	activity.
Learning Targets	Students will demonstrate good sportsmanship and cooperation in
What do you want your students	individual and team play.
to be able to do.	Students will identify, explain and demonstrate skills used in net and
	wall games. Students will identify and explain components of fitness utilized in net
	and wall games. Students will explain how net and wall games improve or maintain
	fitness levels.

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	Students will identify and demonstrate offensive and defensive strategies in net and wall games.
Essential Vocabulary What vocabulary must students know to understand and communicate effectively about this content?	stroke, pass, rally, volley, ready position, skill-related fitness, serving, setting, follow-through,
Cross Curriculum Connections Are there opportunities to make connections to other disciplines (standards and curriculum programs)?	Social Studies Science
Assessing Learning How will you know when students have learned? How do you know students have successfully met the learning intention?	Teacher observation • Teacher checklist • Teacher/student discussion •Self assessment •Peer assessment
Instructional Strategies/Resources	direct instruction, modeling, differentiation  Dynamic Physical Education <a href="https://www.dynamicpeasap.com/">https://www.dynamicpeasap.com/</a> OpenPhysEd: <a href="https://www.openphysed.org">https://www.openphysed.org</a> SPARK: <a href="https://www.sparkfamily.org">https://www.sparkfamily.org</a> PE Central: <a href="https://www.pecentral.org">https://www.pecentral.org</a>

<sup>\*\*</sup>Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.