### **FAYETTE COUNTY PUBLIC SCHOOLS**

# Unit Framework for (Physical Education) – 7th Grade

	Striking/Fielding Games
UNITS Sample of units that can be included under teaching invasion games.	cricket, baseball, kickball, softball
Big Ideas What enduring understandings are essential for application to new situations within or beyond this content?	Striking/Fielding games are games in which two teams offense and defense either strike an object into space (offense) making it difficult for the other team to gain possession (defense) and run between two points or score points before a set number of outs.
Essential Questions What questions will provoke and sustain student engagement while focusing learning?	<ul> <li>Standard 1</li> <li>1. What movement concepts are needed to perform in fielding/striking games?</li> <li>2. What strategies can be used when sending and receiving an object in striking/fielding games?</li> <li>Standard 2</li> </ul>
	What offensive and defensive strategies are used in striking/fielding games?
	Standard 3  1. How can striking/fielding games promote fitness?  2. What skill-related components of fitness are used in striking/fielding games?
	Standard 4  1. What role does communication play in striking/fielding games?  2. What are the rules of striking/fielding games?  3. How does striking/fielding games promote sportsmanship and teamwork?
	Standard 5  1. How can striking/fielding games provide opportunities for enjoyment and social interaction?  2. How can participation in striking/fielding games help lead to healthier lifestyle?
Power Standards Which standards provide endurance beyond the course, leverage across multiple	NPES Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.

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disciplines, and readiness for the next level?	Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.
	Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
	Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others.
	Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
Supporting Standards Which related standards will be incorporated to support and enhance the enduring standards?	7.1.MP1. Apply refined movement concepts, principles, strategies and tactics when learning and performing physical activities. 7.1.MP2. Demonstrate combined motor skills in a variety of games and activities. 7.1.MP3. Perform controlled movements in game-like situations. 7.1.MS1. Demonstrate how to send, receive and retain a variety of objects, while taking into account position and motion in relation to others, equipment and boundaries, while applying appropriate performance cues. 7.2.MC1. Demonstrate how movement concepts, principles, strategies and tactics apply to the performance of various physical activities and game-like situations. 7.2.MC2. Demonstrate how motor skills and techniques need to be refined, combined and varied in the development of specialized skills for participation in physical activities and game-like situations. 7.3.PA1. Explain the physical, social and mental/emotional benefits of being physically active. 7.4.SW1. Accept differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback. 7.4.RE1. Demonstrate knowledge of rules and etiquette by self-officiating standard and modified physical activities. 7.4.RE2. Demonstrate cooperation skills by establishing rules and guidelines for resolving conflict. 7.4.SA1. Demonstrate knowledge of appropriate safety principles, rules and procedures in a variety of physical activities. 7.5.H1. Compare how regular participation in physical activities
	supports the goals of a healthy lifestyle. 7.5.C1. Identify strategies for persevering when physical activities bring challenge. 7.5.S11. Demonstrate positive social interactions during physical
<u>Learning Targets</u>	activity.  Students will be able to demonstrate skills to play fielding/striking games.

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What do you want your students to be able to do.	Students will be able to use offensive strategies to advance or score in striking/fielding games.
	Students will be able to use defensive strategies to reduce the
	chances of advancement or scoring from the other team.
	Students will be able to explain and apply rules of the game.
	Students will demonstrate cooperation, teamwork and conflict
	resolution during striking/fielding games,
	Students will be able to identify and explain how striking/fielding games promote fitness.
Essential Vocabulary	offense, defense, health related fitness, skill related fitness, anticipation
What vocabulary must students know to understand and	
communicate effectively about	
this content?	
Cross Curriculum	Social Studies
Connections	Science
Are there opportunities to make connections to other disciplines	
(standards and curriculum	
programs)?	
Assessing Learning	Teacher observation • Teacher checklist • Teacher/student discussion
How will you know when students have learned? How do you know	•Self assessment •Peer assessment
students have successfully met the	
learning intention?	
<u>Instructional</u>	direct instruction, modeling, differentiation
<u>Strategies/Resources</u>	
	Dynamic Physical Education <a href="https://www.dynamicpeasap.com/">https://www.dynamicpeasap.com/</a>
	OpenPhysEd: https://www.openphysed.org
	SPARK: https://www.sparkfamily.org
	PE Central: <a href="https://www.pecentral.org">https://www.pecentral.org</a>
	SHAPE America: https://www.shapeamerican.org/

\*\*Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.

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