Unit Framework for (Physical Education) – 9th-12th Grade

	Invasion Games
UNITS Sample of units that can be included under teaching invasion games.	Flag football, Lacrosse, Field hockey, Soccer, Rugby, Ultimate Frisbee, Team Handball, Basketball, Flag Football
Big Ideas What enduring understandings are essential for application to new situations within or beyond this content?	Invasion games are team games in which the purpose is to invade the opponents' territory while trying to score points and keeping the opposing team's points to a minimum.
Essential Questions What questions will provoke and sustain student engagement while focusing learning?	 Standard 1 Can students demonstrate competency in movements and manipulative skills needed in invasion games? Can students demonstrate the mastery of skills and tactics needed to participate in two or more lifetime activities? Standard 2 Can students use movement concepts and principles to analyze and improve performance of self and/or others? Can students describe the mechanical principles, including but not limited to force, rotation extension or leverage, that apply to movement skills in physical activities, and analyze their contribution in improving movement performance? Can students analyze the relationship between and among effort, persistence, practice and improvement as they relate to skill development? Standard 4 Can students interact positively in social and group interactions through the use of communication skills, critical thinking, accountability and leadership in a physical activity setting? Can students demonstrate respect for others' diversity while participating in sports and/or physical activities? Can students apply conflict resolution/mediation skills when participating in sports and/or recreational activities? Can students explain how ethical behavior and positive social interaction impact effective participation in sports and physical activities? Can students apply rules of behavior and fair play in a variety of physical activities, sports and games as a competitor and/or spectator? Can students analyze the value of rules, fair play, cooperation, sportsmanship, teamwork and conflict

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	resolution in a variety of physical activities, sports and games? • Can students examine moral and ethical conduct in specific competitive situations, including but not limited to intentional fouls, performance-enhancing substances, gambling or current events in sport? Standard 5 • Can students evaluate the personal benefits derived from regular participation in physical activities as they relate to quality of life?	
Power Standards Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level?	NPES Standard 1: Demonstrate competency in a variety of motor skills and movement patterns. Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance. Standard 3: The physically literate individual demonstrates the	
	knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. Standard 4: The physically literate individual exhibits responsible	

personal and social behavior that respects self and others.

Supporting Standards

Which related standards will be incorporated to support and enhance the enduring standards?

HS.S1.1. Demonstrate the mastery of skills and tactics needed to participate in two or more lifetime activities.

HS.S1.2. Demonstrate competency in movements and manipulative skills needed in game-like situations.

HS.S2.1. Use movement concepts and principles to analyze and improve performance of self and/or others.

HS.S2.2. Describe the mechanical principles, including but not limited to force, rotation extension or leverage, that apply to movement skills in physical activities, and analyze their contribution in improving movement performance.

HS.S2.3. Analyze the relationship between and among effort, persistence, practice and improvement as they relate to skill development.

HS.S4.1. Interact positively in social and group interactions through the use of communication skills, critical thinking, accountability and leadership in a physical activity setting.

HS.S4.2. Demonstrate respect for others' diversity while participating in sports and/or physical activities.

HS.S4.3. Apply conflict resolution/mediation skills when participating in sports and/or recreational activities.

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	HS.S4.4. Explain how ethical behavior and positive social interaction impact effective participation in sports and physical activities. HS.S4.5. Apply rules of behavior and fair play in a variety of physical activities, sports and games as a competitor and/or spectator. HS.S4.6. Analyze the value of rules, fair play, cooperation, sportsmanship, teamwork and conflict resolution in a variety of physical activities, sports and games. HS.S4.7. Examine moral and ethical conduct in specific competitive situations, including but not limited to intentional fouls, performance-enhancing substances, gambling or current events in sport. HS.S5.3. Evaluate the personal benefits derived from regular participation in physical activities as they relate to quality of life.
Essential Vocabulary What vocabulary must students know to understand and communicate effectively about this content?	dribble, pass, offense, defense, goal, shot, follow-through, anticipate, trapping, cooperation, teamwork, etiquette, communication, conflict resolution
Cross Curriculum Connections Are there opportunities to make connections to other disciplines (standards and curriculum programs)?	21st Century Learning Skills
Assessing Learning How will you know when students have learned? How do you know students have successfully met the learning intention?	 Students can demonstrate competency in 1 or more specialized skills in health-related fitness activities. Students can apply the terminology associated with exercise and participation in selected invasion games. Students can use movement concepts and principles (e.g., force, motion, rotation) to analyze and improve performance of self and/or others in a selected skill. Students can employ effective self-management skills to analyze barriers and modify physical activity patterns appropriately, as needed. Students can exhibit proper etiquette, respect for others and teamwork while engaging in physical activity. Students can use communication skills and strategies that promote team or group dynamics. Students can select and participate in physical activities or dance that meet the need for self-expression and enjoyment. Students can solve problems and think critically in physical activity and/or dance settings, both as an individual and in groups.

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	 Students can apply best practices for participating safely in physical activity, exercise and dance (e.g., injury prevention, proper alignment, hydration, use of equipment, implementation of rules, sun protection).
Instructional Strategies/Resources	direct instruction, modeling, differentiation Dynamic Physical Education https://www.dynamicpeasap.com/ OpenPhysEd: https://www.openphysed.org SPARK: https://www.sparkfamily.org PE Central: https://www.pecentral.org SHAPE America: www.shapeamerica.org

^{**}Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.