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| **Students will comprehend concepts related to health promotion and disease prevention to enhance health.** | The acquisition of basic health concepts and functional health knowledge provides a foundation for promoting health-enhancing behaviors among youth. This standard includes essential concepts that are based on established health behavior theories and models. Concepts that focus on both health promotion and risk reduction are included in the performance indicators. |
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| **Big Ideas**  What enduring understandings are essential for application to new situations within or beyond this content? | K-2 recognize basic facts and concepts about their bodies and begin to acquire skills and practices that keep them safe and healthy. Students learn to seek help and advice from parents/guardians and other trusted adults and begin to learn how to seek reliable health information. They understand how to make good decisions about simple health issues, respect others, follow school safety rules, and be responsible. |
| **Essential Questions**  What questions will provoke and sustain student engagement while focusing learning? |  |
| **Power Standards**  Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level? | 1.2.1 Identify that healthy behaviors impact personal health.  1.2.2 Recognize that there are multiple dimensions of health.  1.2.3 Describe ways to prevent communicable diseases.  1.2.4 List ways to prevent common childhood injuries.  1.2.5 Describe why it is important to seek health care. |
| **Supporting Standards**  Which related standards will be incorporated to support and enhance the enduring standards? |  |
| **Essential Vocabulary**  What vocabulary must students know to understand and communicate effectively about this content? |  |
| **Cross Curriculum Connections**  Are there opportunities to make connections to other disciplines (standards and curriculum programs)? |  |
| **Assessing Learning**  How will you know when students have learned? How do you know students have successfully met the learning intention? | Health Smart |
| **Instructional Strategies and Other Resources** |  |
| ***\*\*Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.*** | |