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| Students will comprehend concepts related to health promotion and disease prevention to enhance health. | The acquisition of basic health concepts and functional health knowledge provides a foundation for promoting health-enhancing behaviors among youth. This standard includes essential concepts that are based on established health behavior theories and models. Concepts that focus on both health promotion and risk reduction are included in the performance indicators. |
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| **Big Ideas**  What enduring understandings are essential for application to new situations within or beyond this content? | Healthy Behavior Outcomes in each of 9 health content areas: • Mental & Emotional Health • Personal Health & Wellness • Safety/Injury Prevention • Violence Prevention • Healthy Eating • Physical Activity • Alcohol & Other Drugs • Tobacco • Sexual Health |
| **Essential Questions**  What questions will provoke and sustain student engagement while focusing learning? |  |
| **Power Standards**  Which standards provide endurance beyond the course, leverage across multiple disciplines, and readiness for the next level? | 1.5.1 Describe the relationship between healthy behaviors and personal health.  1.5.2 Identify examples of emotional, intellectual, physical, and social health.  1.5.3 Describe ways in which safe and healthy school and community environments can promote personal health.  1.5.4 Describe ways to prevent common childhood injuries and health problems.  1.5.5 Describe when it is important to seek health care. |
| **Supporting Standards**  Which related standards will be incorporated to support and enhance the enduring standards? |  |
| **Essential Vocabulary**  What vocabulary must students know to understand and communicate effectively about this content? |  |
| **Cross Curriculum Connections**  Are there opportunities to make connections to other disciplines (standards and curriculum programs)? |  |
| **Assessing Learning**  How will you know when students have learned? How do you know students have successfully met the learning intention? |  |
| **Instructional Strategies and Other Resources** |  |
| ***\*\*Each Unit Framework guides planning and delivery of instruction. An Instructional Planning Companion tool to guide instructional planning (Unit/Lesson Plans) can be found on the Curriculum Platform.*** | |