

Advocating for Prevention of Depression Project



Kentucky Health Education Standards

Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.

- H.S.8.1 Use peer and societal norms, based on accurate health information, to formulate health-enhancing messages that promote healthy behaviors.
- H.S.8.2 Persuade and support others to engage in behaviors that promote emotional health, reduce the risk of disease, and reduce violence.

Task

The Today Show has hired you and your team of reporters to create an advocacy segment around teenage depression. Your goal is to create a video segment that is 60-90 seconds long that informs students, parents, community and school staff on teenage depression. Your team can use a cell phone or laptop camera to film as well as Powtoon or I-Movie if you choose. Your advocacy segment must include:

- 5 warning signs of teenage depression
- 3 interventions for teenage depression
- 3 resources found at Tates Creek High School
- 3 treatment options in our Lexington community
- 5 facts related to teenage depression in Kentucky
- Describe your own personal responsibility relating to teenage depression. For example, when do you seek help for yourself or a friend?

Scoring Rubric for Advocacy

Students will demonstrate the ability to advocate for personal, family, and community health.

Rating		Skill Criteria	Rating		Content Criteria
Above Mastery	4	<ul style="list-style-type: none"> • Extremely clear, health-enhancing position. • Thoroughly supports the position using accurate and relevant facts. • Strong awareness of the targeted audience (e.g. their background, perspective, interests) and the use of an appropriate vehicle to deliver the message. • Word choice, tone, examples, graphics, etc. are well suited to the target audience. • Displays a strong and passionate conviction for a healthy position. • Clear reflection on the effectiveness of the message and outcome. 	Above Mastery	4	<ul style="list-style-type: none"> -Included 5 or more accurate warning signs of teenage depression - Included 3 or more accurate interventions for teenage depression - Included 3 or more accurate resources found at Tates Creek High School - Included 3 or more accessible treatment options in our Lexington community -Included 5 or more accurate facts related to teenage depression in Kentucky - Included my own personal responsibility relating to teenage depression. -All sources are cited
Mastery of Grade Level Standards	3	<ul style="list-style-type: none"> • Generally clear and health enhancing position. • Adequate and mostly accurate facts to support the position using facts, examples, and evidence; support may be incomplete and/or contain minor inaccuracies. • Awareness of the audience is evident. • Word choice, tone, graphics, etc.,are appropriate for the target audience. • Displays conviction for a position. 	Mastery of Grade Level Standards	3	<ul style="list-style-type: none"> -Included 4-5 accurate warning signs of teenage depression - Included 2-3 accurate interventions for teenage depression - Included at least 2-3 accurate resources found at Tates Creek High School - Included 2-3 accessible treatment options in our Lexington community -Included 3-4 accurate facts related to teenage depression in Kentucky - Included my own personal responsibility relating to teenage depression. -Most sources are cited

<p>Approaching Mastery</p>	<p>2</p>	<ul style="list-style-type: none"> • Unclear or conflicting position. • Inadequate or inaccurate facts to support the position. • Facts, concepts, examples or evidence used to contain significant inaccuracies and/or have little relevance. • Some evidence of a targeted audience may be evident; however, word choice, tone, examples, graphics, etc. are not always appropriate for the target audience. • Displays minimal conviction in the message. 	<p>Approaching Mastery</p>	<p>2</p> <ul style="list-style-type: none"> -Included 2-3 warning signs of teenage depression - Included 1-2 interventions for teenage depression - Included a1-2 resources found at Tates Creek High School - Included 1-2 treatment options in our Lexington community -Included 1-2 facts related to teenage depression in Kentucky - Included my own personal responsibility relating to teenage depression. - Only 1-2 sources are cited
<p>Novice</p>	<p>1</p>	<ul style="list-style-type: none"> • No position stated or position is not health-enhancing. • No accurate or relevant support for the position is provided. • No evidence of a targeted audience. • Word choice, tone, examples, graphics, etc. are not appropriate for the audience. • No conviction for position is evident. 	<p>Novice</p>	<p>1</p> <ul style="list-style-type: none"> -Included 1 or no warning signs of teenage depression or my answers weren't accurate. - Included 1 or no interventions for teenage depression or my answers weren't accurate. - Included 1 or no resources found at Tates Creek High School or my answers weren't accurate. - Included 1 or no treatment options in our Lexington community or they aren't valid. -Included 1 or no facts related to teenage depression in Kentucky or facts are inaccurate. - Included my own personal responsibility relating to teenage depression. -No works cited

