

Nutrition and Analyzing Influences



Standard 2: Analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

HS.2.1. Analyze how family, culture, environments and communities affect personal health and wellness practices.

HS.2.2. Distinguish how family, peers, community, culture, media and perceptions of norms influence healthy behaviors.

HS.2.3. Analyze the factors and health-risk behaviors that influence the likelihood of engaging in unhealthy behaviors.



Task

You are the marketing director for the Food and Drug Administration (FDA), and your job is to analyze the factors that influence food choices of adolescents. Your job is to develop a presentation on Google Slides that show factors that influence teenagers' food choices.

Your presentation must include:

- 10 examples of how adolescents are influenced by the food/drinks they eat
- At least 5 positive influence examples
- At least 5 negative influence examples.
- A detailed description for each of your ten examples that includes if they demonstrate internal or external influences.

Scoring Rubric for Analyzing Influences

Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Rating		Skill Criteria	Rating		Content Criteria
Above Mastery	4	<p>I fully recognize relevant internal and external factors that influence my personal, family, and/or community health practices and behaviors.</p> <p>I accurately and completely explains how each influence impacts personal, family, and/or community health practices and behaviors.</p>	Above Mastery	4	<p>Included 5 or more internal influences</p> <p>Included 5 or more external influences</p> <p>Uses detail to describe each of your ten examples and if they demonstrate internal or external influences.</p> <p style="text-align: center;">All sources are cited</p>
Mastery of Grade Level Standards	3	<p>I recognize relevant internal and/or external factors that influence my personal, family, and/or community health practices and behaviors.</p> <p>I provide a general explanation of how each influence impacts personal, family, and/or community health practices and behaviors.</p>	Mastery of Grade Level Standards	3	<p>Included 3-4 or more internal influences</p> <p>Included 3-4 or more external influences</p> <p>Uses some detail to describe each of your 6-9 examples and if they demonstrate internal or external influences.</p> <p style="text-align: center;">Most sources are cited</p>

<p>Approaching Mastery</p>	<p>2</p>	<p>I recognize relevant internal and/or external factors that influence my personal, family, and/or community health practices and behaviors.</p> <p>I do not provide an effective explanation of how each influence impacts my personal, family, and/or community health practices and behaviors.</p>	<p>Approaching Mastery</p>	<p>2</p>	<p>Included 2 internal influences</p> <p>Included 2 external influences</p> <p>Uses some detail to describe each of your 3-5 examples and if they demonstrate internal or external influences.</p> <p>Only 1-2 sources are cited</p>
<p>Novice</p>	<p>1</p>	<p>I do not recognize relevant internal and/or external factors that influence my personal, family, and/or community health practices and behaviors.</p> <p>My explanation is missing or reveals a misunderstanding of the impact of the influences.</p>	<p>Novice</p>	<p>1</p>	<p>Included 1 internal influence</p> <p>Included 1 external influence</p> <p>Uses some detail to describe 4 or less examples and if they demonstrate internal or external influences.</p> <p>No works cited</p>