

## Determining When Someone Needs Help



**Standard 5:** Use decision-making skills to enhance healthy behaviors.

**H.S. 5.2** Determine when professional treatment or services are needed for unhealthy behaviors.

### **Scenario**

You have recently noticed changes in your friend's behavior. Your friend is starting to withdraw from social activities, and you are getting alarmed. When you changed clothes for PE class, you noticed marks on your friend's forearms. When you shared your concerns with your friend, your friend stated "nothing is wrong with me".

### **Task**

Create a snap-chat story using all of the decision making steps to help determine when professional treatment or services are needed in this scenario. Using the snap chat template, demonstrate the five decision-making steps you will use while deciding what you will do to help your friend.

## Scoring Rubric for Decision Making

**Standard 5:** Use decision-making skills to enhance healthy behaviors.

**H.S. 5.2** Determine when professional treatment or services are needed for unhealthy behaviors.

Rating		Skill Criteria
<b>Above</b> <b>stery</b>	<b>4</b> <b>(100-93)</b>	<ul style="list-style-type: none"> <li>● Reaches a health enhancing decision using the decision making process.</li> <li>● Student examines a comprehensive set of alternatives and fully evaluates the positive and negative outcomes for each alternative.</li> <li>● Students show appropriate reflection on the decision that was made.</li> <li>● Uses five snap chat templates to show each step of the decision making steps.</li> </ul>
<b>Mastery of</b> <b>Grade</b> <b>Level</b> <b>Standards</b>	<b>3</b> <b>(94-83)</b>	<ul style="list-style-type: none"> <li>● Reaches a health enhancing decision.</li> <li>● The decision making process is complete and includes all of the steps.</li> <li>● Uses 4 snap chat templates to show each step of the decision making steps.</li> </ul>
<b>Approachin</b> <b>g</b> <b>Mastery</b>	<b>2</b> <b>(82-74)</b>	<ul style="list-style-type: none"> <li>● Reaches a health enhancing decision.</li> <li>● The decision making process is incomplete or not accurate.</li> <li>● Their reason for their final decision may be vague or incomplete.</li> <li>● Uses 2-3 snap chat templates to show each step of the decision making steps.</li> </ul>
<b>Novice</b>	<b>1</b> <b>(73-0)</b>	<ul style="list-style-type: none"> <li>● Does not reach a health enhancing position. Using the steps of decision-making is not evident.</li> <li>● Uses 1-2 snap chat templates to show each step of the decision making steps.</li> </ul>

**To receive a 4, all steps must be included, developed and examined.**

A process that contains all of the steps, but is somewhat incomplete, will receive a score of a 3.

If the process shows problems or major omissions within a step, the score will be lowered to a score of a 2.

Students must conclude with a health-enhancing decision. If it is not, then they will receive a score of 1.