

RECREATIONAL ACTIVITIES

Outcome: *I can list reasons why I enjoy physical activity with friends.*

Prior to beginning the recreational games, students are reminded that the emphasis should be on enjoying the activities. Students are encouraged to think about ways they enjoy activities, especially with friends during the lesson.

At the conclusion of the lesson, use toe-to-toe to get students with a partner. First, partners discuss ways they enjoyed the activities today.

Following their discussions, initiate a brief discussion with the class using questions such as these:

1. What activities did you enjoy? Why?
2. Does playing a peer or friend make it more enjoyable? Why? Why not?