

THE IMPORTANCE OF CHALLENGE IN LEARNING

Outcome: *I can discuss the importance of challenge in getting better.*

Prior to starting the focus, ask students what a challenge is. During the lesson ask them to consider which activities are challenging and how they overcome that challenge. A brief reminder of this during the lesson may be helpful.

Following the activity, get the students in partners using toe-to-toe. **Prompt partners to discuss what activities were challenging for them.** What activities were easy? If an activity was challenging, what did you do to overcome that? Invite one or two students to share.

Next ask partners to discuss "Are challenges good or bad?" Why? Circulate throughout the class to hear discussions. Summarize by emphasizing that challenges can be frustrating, but they are all part of learning.