WRITTEN EXIT SLIPS

3-4/2

Lesson

TRACK AND FIELD SKILLS AND LEAD-UP ACTIVITIES

GETTING STARTED

Outcome: I can identify the warm-up as an important part of physical activity.

STUDENT NAME ______

DYNAMIC PE

_ CLASS PERIOD _____

Which of the following is an important part of physical activity that helps get you going and prevents injuries?

		Fitness	Sitting
		Warm-Up	p Yelling
Dr. Robert Pangrazi's	Assessment Method	Grade / Level	
ASAP	WRITTEN EXIT SLIPS	3-4 / 2	TRACK AND FIELD SKILLS AND LEAD-UP ACTIVITIES
	utcome: l can id	entify the war	NG STARTED rm-up as an important part of physical activity.
Which of the f	ollowing is an imp	oortant part of p	physical activity that helps get you going and prevents injuries?
		Fitness	Sitting

Warm-Up

Yelling