



TATES CREEK HIGH SCHOOL
PHYSICAL EDUCATION
IN-PERSON MODEL

What does In-Person look like?

- ❑ Everyone wears a mask.
- ❑ The gym floor will be sectioned into 6 x 6 squares using rubber Xs.
- ❑ Each student will be assigned a square.





Number of Students

- ❑ The gym floor has the capacity for 40 students using the 6 x 6 grids.
- ❑ The upstairs will has the capacity for 16 students on each side using the 6 x 6 grids.

Student Belongings

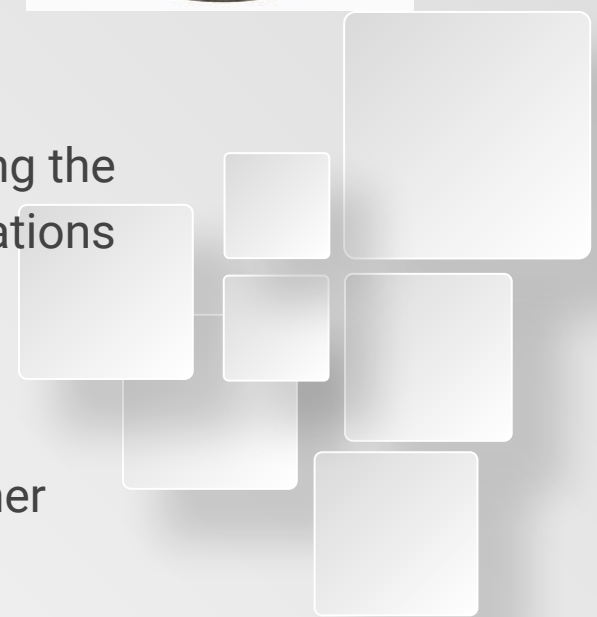
- Locker rooms will be locked.
- Students will strongly be encouraged to wear exercise clothes and tennis shoes to school on PE days.
- Students' belongings will be placed in their assigned square during duration of class.
- Students will be encouraged to keep deodorant in their backpacks.
- Students will bring their own water bottle from home.



Class Schedule



- Attendance
- Warm-Up
- Workout
 - Body weight exercises intertwined with walking the stairs in the gym. Focus on form and modifications for each of the exercises.
- Cool Down
- Remediation (Last 20-30 Minutes)
 - Students work on missing assignments in other classes.



PE Videos

Teachers can choose to show sports' films such as football plays, or Ted Talks on the benefits of exercise, etc. Students would then write reflections on the videos shown.

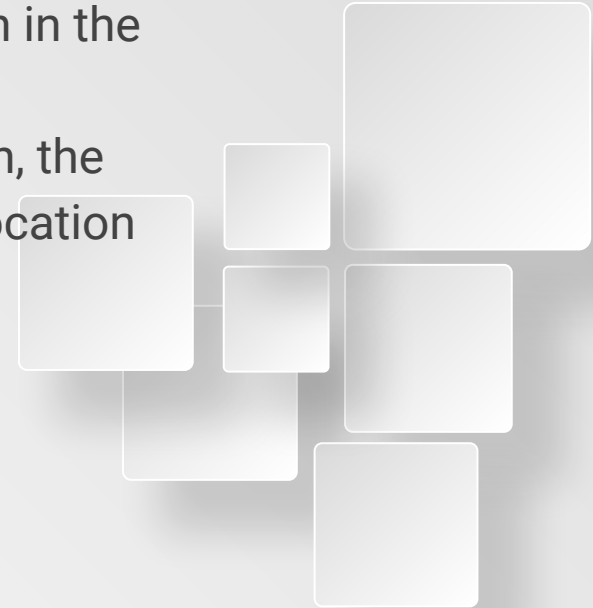
Equipment needed: Projector and Screen





3rd Block

- ❑ The recommendation is to have black curtains for the windows of gym doors if students are eating lunch in the gym foyer.
- ❑ If the gym needs to be used for tables during lunch, the PE Department would like to be moved to a new location such as a classroom.





Safety Protocols

- ❑ Locker rooms will be locked entire class.
- ❑ Students will use the restrooms in the gym foyer.
- ❑ No equipment will be used.
- ❑ Handrails will be sanitized between classes, and the custodians will clean them each day as well.
- ❑ Hand sanitizer machines will be installed at the bottom of all stairs.
- ❑ Students will remain in assigned square the entire class unless walking.
- ❑ When walking the stairs, social distancing will be enforced.
- ❑ Rubber Xs will be sanitized at the end of the school day each day.

Resources

- [SHAPE America Covid-19 Re-entry Guidelines](#)
- [KySHAPE Guidelines](#)

