Kindergarten

SEL Read Alouds Aligned with Caring School Communities Curriculum

Week	Topic	Book/ YouTube Link	Discussion Questions	Journal Prompt
1	First Week	MAE'S FIRST DAY OF SCHOOL WORDS AND PICTURES BY KATE BERUBE https://www.yout-ube.com/wat ch?v=YIAFhdcXzuM	How did you feel of your first day of school? (as children answer, ask classmates to give a nonverbal signal if they felt that way too) What is good, fun, exciting, etc about our school/classroo m?	Draw a picture of yourself on your first day of school.
2	Making New Friends	Alexandra Penfold * Suzanne Kaufman All Are Welcome Welcome All Are Welcome And Are	What are some things that you notice about the friends in our class that are the same? Different? How can we make everyone feel welcome and included in our class?	Draw a picture of our class. Label a few of your new friends.

3	Helping in our Classroom	https://www.yout-ube.com/watch?v=vtiJXgD6M	What are some chores that you are responsible for at home? At school?	Draw a picture of you being responsible at school.
4	How to Treat Others	Ilama Ilama time to share Anna Deudney Ilama Ilama builly goat Anna Deudney https://www.yout-ube.com/wat ch?v=gbib1qt-YSq https://www.yout-ube.com/wat ch?v=dyUvmKSMjrA	Why is it important to share? What can you say when you want a turn with a toy? What can you say if you'd like to play with a toy that someone else is using? What would you do if another student was unkind to you or bullied you? Who could you tell?	Draw a picture of you sharing a toy at indoor recess. Write a sentence showing what you would say to your friend.

5	Playground Problems	Michael Hall New York Times-beatselling author of Red https://www.yout-ube.com/watch?v=J6uBv0NnAf0	Why did the letters not want to play together at first? What word did it spell when they stopped swinging? What can you say when someone wants to play? Why is it important to include others?	Draw a picture of friends playing on the playground. Write a sentence about what you like to do and who you like to play with each day.
6	Happiness	https://www.yout-ube.com/watch?v=FdFAcOa8HB4	What things did you see in the book that make you happy? Name something that was NOT in the book that makes you happy.	Think of two items that make you happy that rhyme. Draw and label those two items.

7	Staff in School	TODD PARR The New York Times Bestselling Author https://www.yout-ube.com/watch?v=EwEBNETsfz8	Name someone who works in our school. What is his/her job? Which grown-ups do you like to see in the hallways at school? Which grown-ups at school make you feel happy?	Draw a picture of someone who works at our school. Write a sentence about what that person does at our school.
8	Staff in School	Ask a staff member to be a guest reader and read their favorite picture book.		
9	Buddies	https://www.yout-ube.com/watch?v=Zrm4dC3Poe0	What are some ways that people are different? What makes you different from others? Why is it important to include everyone even though we are all different?	Draw a picture of two people. Write a sentence below each person telling what makes them different.
10	Buddies	AMY KROUSE ROSENTRAL AND TOM LICHTENHELD Friendshape An uplifting calebration of friendship	What do friends do? As a class, make a list of words that describe good friends.	Draw one of your friends. Write these sentences: "This is my friend (name of friend) My friend is , and

		https://www.yout-ube.com/wat ch?v=2iEXnv-tN9s		using words from the class list.
11	Sharing About Yourself	https://www.youtube.com/watch?v=nhxGK_qZRCg	Who fits under the big umbrella? How do people feel before they get under the umbrella? After?	Draw a picture of people that you would share a big umbrella with. Write a sentence telling who is under the umbrella.
12				
13		"Piggies" - provided in CSC kit		
14		"Piggies" - provided in CSC kit		
15		"Piggies" - provided in CSC kit		
16	Responsibilit y	Being Responsible https://www.yout-ube.com/watch?v=tPDjruMvLkk&t=30s	What does it mean to be responsible? How are you responsible at home? At school?	Draw a picture of you being responsible. Write a sentence telling about your picture.
17	Responsibilit y	Reread last week's book		

18	Feelings	https://www.youtube.com/watch?v=JofkgL7CY5A "How Do you Feel" - provided in CSC kit	What emotions does the girl in the book feel? Can you tell about a time you felt sill? Angry? Sad? Lonely? excited?	Draw two pictures showing you feeling two different emotions. Write a sentence under each picture explaining what you were feeling.
19	Feelings	HOW ARE YOU PEELING? Foods with Moods Foods with Moods SATION FREYMANN AND JOOST ELIFERS HE L F SAXTON FREYMANN AND JOOST ELIFERS HTTP: Https://www.yout-ube.com/watch?v=JLbpa5RPbtU	What feelings did you see in the book? Can you think of a time when you felt happy? Tired? Afraid? Worried? Proud? How can you tell what other people are feeling? What does an angry face book like? A happy face? A sad face? Etc.	Write four feelings words and draw faces to match

20	Feelings	I'M FEELING Description and Cheese About Feelings https://www.yout-ube.com/watch?v=o7k7oAAOeFE	What color do you think of when you think of when you think of happy, excited, silly, cozy, adventurous, etc?	Draw a picture that shows many feelings. Write a sentence to tell what color shows what feelings.
21	Empathy	A STORY ABOUT A SIMPLE ACT OF KINDNESS https://www.youtube.com/watch?v=rEj8f6G9myl	How did Vanessa feel at the beginning of the story? What happened that bothered the other main character? How did the main character solve the problem? How many friends did Vanessa have at the beginning of the story? How many at the end of the story?	Draw a picture of a time when you noticed that someone needed your help or friendship. Write a sentence explaining what you did to show empathy.

22	Ways to Calm Down	B IS FOR BREATHE The ABCs of Coping with Fussy and Frustrating Feelings Dr. Melissa Munro Boyd https://www.youtube.com/watch?v=sEmlKSIZzNo	WHat are some ways to calm down when you are feeling sad, angry, nervous, or upset? What is your favorite way to calm down? Which clam down idea from the book would you like to try next time you are upset?	Draw a picture of you using a calm down strategy from the book. Write a sentence about how you will try to calm down.
23	Frustration Tolerance	When Sophie Gets Angry— Really, Really Angry BY MOLLY BANG SCHOLASTIC https://www.yout-ube.com/wat ch?v=dNfd8WFDBAY&t=43s	What made Sophie so angry? Where did Sophie go to calm down? Do you have a special place that you like to go to calm down? WHat do you do while you are there?	Draw a special place that you go to to calm down. Write a sentence telling why this place helps you feel better.
24	Helping Others	Have You Filled a Bucket Today? A Guide to Paily Happiness for Kids By Carol McCloud Illustrated by Pavid Messing https://www.yout-ube.com/watch?v=3EuemNAo6XE	What are some things you can do to fill your family's buckets? Your classmates? Your neighbors? What can you do when you notice someone dipping in your friend's bucket?	Draw a bucket. Write kind words inside to describe a friend or family member. Give the bucket to that person. What do you notice on their face as they read your words?

25	Helping Others	A Book About Manners Laurie Reller https://www.youtube.com/watch?v=G43rtRv3008	How does rabbit want the otters to act? How should rabbit act? How do you want others to treat you? How should you treat others?	Draw a picture of you helping someone in a way that you would like people to help you. Write this sentence at the bottom "Treat others the way you want to be treated."
26	Helping Others	Should I Share My Ice Cream? By Mo Willems https://www.yout-ube.com/watch?v=Y4IVIxAEiW4	Why is elephant having a hard time making a decision about his ice cream? What would you have done if you were elephant? Why is it sometimes hard to share? What does Piggie do at the end of the story? Is Piggie a good friend? How do you know?	Draw a picture of a time you shared with someone else. Write a sentence telling about what you shared.
27		"It's Not Fair" - provided in CSC kit		

28	Fairness	https://www.yout-ube.com/watch?v=6qrEyjVMajY	What does "fair" mean? Was the zookeeper being fair? Why or why not? Should everyone is our class get exactly the same thing all of the time? Why or why not?	
29	Fairness	Can I Play Too? Mo Willems https://www.youtube.com/watch?v=8vbr81Vf9Hc	What did worm want to do? How did worm feel at the beginning of the story? Elephant and piggie? How did worm feel at the end of the story? Elephant and Piggie?	Draw a picture of a time when you wanted to play with other children. Write a sentence about what happened and how it made you feel.
30	End of Year			