

Social Skills

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

	Starting the Year		Building the Classroom and School Community								Being a Responsible Learner and Community Member						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X															
	Learn and say names.	X							X								
	Follow the teacher’s directions.	X	X														
	Raise hand to speak.	X	X														
	Respond to the attention signal.	X	X														
	Look at the person who is speaking.			X	X	X											
	Speak so others can hear.			X	X	X	X										
Interpersonal Skills	Listen to others in a whole-class setting.			X		X	X	X	X	X			X	X			X
	Learn “Turn to Your Partner.”		X														
	Learn “Think, Pair, Share.”					X											
	Listen and respond to a partner.			X	X	X	X	X	X	X	X	X		X		X	
	Take turns with a partner.						X					X	X	X			
	Report what a partner said.										X	X	X			X	
	Agree with a partner.										X	X	X	X	X		X
	Contribute to partner work.												X	X	X	X	X
	Act in a responsible way.	X	X	X	X	X		X		X		X	X	X	X	X	X
	Act in a safe and friendly way.	X	X	X	X						X						
	Act in a respectful way.							X	X								
	Act in a helpful way.													X			
	Act in a fair way.																
	Express interest in and appreciation for others.					X	X	X	X	X	X						
Think about the feelings of others.																	

Getting to Know My Feelings						Caring About Others						Ending the Year	
18	19	20	21	22	23	24	25	26	27	28	29	30	Social Skills
													Learn and follow classroom and school rules and procedures.
													Learn and say names.
													Follow the teacher's directions.
													Raise hand to speak.
													Respond to the attention signal.
													Look at the person who is speaking.
													Speak so others can hear.
													Listen to others in a whole-class setting.
													Learn "Turn to Your Partner."
													Learn "Think, Pair, Share."
X	X	X	X										Listen and respond to a partner.
			X			X							Take turns with a partner.
									X			X	Report what a partner said.
		X								X	X		Agree with a partner.
													Contribute to partner work.
													Act in a responsible way.
													Act in a safe and friendly way.
													Act in a respectful way.
						X	X	X	X	X	X		Act in a helpful way.
									X	X	X		Act in a fair way.
												X	Express interest in and appreciation for others.
						X	X	X	X	X	X	X	Think about the feelings of others.

Beginning-of-Year Skills

Interpersonal Skills

(continues)

Social Skills *(continued)*

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Starting the Year		Building the Classroom and School Community							Being a Responsible Learner and Community Member								
Social Skills		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	
Self-management Skills	Move responsibly.	X	X				X	X	X					X			X		
	Handle materials responsibly.		X				X	X	X		X	X			X	X			
	Be responsible for working independently.		X				X					X	X				X		
	Cultivate positive emotions.	X	X	X	X	X	X				X								
	Get to know ourselves.																		
	Recognize emotions.																		
	Express emotions.																		
	Manage emotions.																		
Executive Function Skill	Reflect on learning and behavior.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	

Getting to Know My Feelings						Caring About Others						Ending the Year	Social Skills	Self-management Skills	
18	19	20	21	22	23	24	25	26	27	28	29	30			
		X	X	X	X										Move responsibly.
															Handle materials responsibly.
															Be responsible for working independently.
X			X							X					Cultivate positive emotions.
X	X	X	X	X	X							X			Get to know ourselves.
X	X	X		X											Recognize emotions.
X	X	X	X	X	X										Express emotions.
				X	X										Manage emotions.
X	X	X	X	X	X	X	X	X	X	X	X	X	X	Reflect on learning and behavior.	Executive Function Skill

APPENDIX

Social Skills

"X" indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

	Starting the Year		Building the Classroom and School Community								Being a Responsible Learner and Community Member						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X															
	Learn and say names.	X						X									
	Follow the teacher's directions.	X	X														
	Raise hand to speak.	X	X														
	Respond to the attention signal.	X	X														
	Look at the person who is speaking.			X	X	X											
	Speak so others can hear.			X	X	X											
Interpersonal Skills	Listen and respond to others in a whole-class setting.			X		X	X	X	X	X			X	X			X
	Learn "Turn to Your Partner."		X														
	Learn "Think, Pair, Share."					X											
	Listen and respond to a partner.			X	X	X	X	X	X	X	X				X		X
	Take turns with a partner.						X				X	X	X	X			
	Report what a partner said.										X	X	X				
	Agree with a partner.													X	X	X	X
	Contribute to partner work.													X	X	X	X
	Share materials and work fairly.													X	X		
	Make sure both partners get to share their ideas.														X		X
	Act in a responsible way.	X	X	X	X	X		X	X	X		X	X	X	X	X	X
	Act in a safe and friendly way.	X	X	X	X					X							
	Act in a respectful or kind and caring way.							X	X								
	Act in a fair way.																
	Express interest in and appreciation for others.					X	X	X	X								
	Ask questions and answer questions.							X	X	X	X	X	X	X	X	X	
	Learn and use discussion prompts.												X	X			
	Think about the feelings of others.																

Getting to Know My Feelings						Caring About Others						Ending the Year	
18	19	20	21	22	23	24	25	26	27	28	29	30	Social Skills
													Learn and follow classroom and school rules and procedures.
													Learn and say names.
													Follow the teacher's directions.
													Raise hand to speak.
													Respond to the attention signal.
													Look at the person who is speaking.
													Speak so others can hear.
													Listen and respond to others in a whole-class setting.
													Learn "Turn to Your Partner."
													Learn "Think, Pair, Share."
													Listen and respond to a partner.
X	X						X	X	X				Take turns with a partner.
												X	Report what a partner said.
X				X		X						X	Agree with a partner.
													Contribute to partner work.
													Share materials and work fairly.
													Make sure both partners get to share their ideas.
													Act in a responsible way.
													Act in a safe and friendly way.
													Act in a respectful or kind and caring way.
									X	X	X		Act in a fair way.
												X	Express interest in and appreciation for others.
	X	X											Ask questions and answer questions.
						X							Learn and use discussion prompts.
						X	X	X	X			X	Think about the feelings of others.

Beginning-of-Year Skills

Interpersonal Skills

(continues)

Social Skills *(continued)*

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Starting the Year		Building the Classroom and School Community							Being a Responsible Learner and Community Member							
Social Skills		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Self-management Skills	Move responsibly.	X	X		X		X	X	X						X			
	Handle materials responsibly.		X				X	X	X		X					X		
	Be responsible for working independently.											X	X	X				
	Cultivate positive emotions.	X	X	X		X		X		X	X		X	X	X			
	Get to know ourselves.																	
	Recognize emotions.																	
	Express emotions.																	
	Manage emotions.																	
Make choices.	X	X											X					
Executive Function Skill	Reflect on learning and behavior.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Getting to Know My Feelings						Caring About Others						Ending the Year	
18	19	20	21	22	23	24	25	26	27	28	29	30	Social Skills
			X	X									Move responsibly.
													Handle materials responsibly.
	X	X	X	X	X		X			X		X	Be responsible for working independently.
	X	X		X	X							X	Cultivate positive emotions.
X	X	X	X	X	X							X	Get to know ourselves.
X	X	X	X	X									Recognize emotions.
X	X	X	X	X	X							X	Express emotions.
			X		X								Manage emotions.
X	X							X			X	X	Make choices.
X	X	X	X	X	X	X	X	X	X	X	X	X	Reflect on learning and behavior.

Self-management Skills

Executive Function Skill

Social Skills

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1–10										School Life Topic Weeks				
		1	2	3	4	5	6	7	8	9	10	Preparing for Assemblies	Preparing for Field Trips	Preparing for a Substitute Teacher	Returning from Vacation	Welcoming New Students
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X									X					
	Look at one another and greet one another by name.	X														
	Generate norms for the classroom community.		X													
	Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.		X			X		X	X							
	Speak clearly and listen to one another.		X	X												
	Communicate responsibly between home and school.				X											
Self-management Skills	Take responsibility for learning and behavior.	X	X	X	X		X				X	X	X			
	Recognize emotions and express them appropriately.			X			X	X						X	X	
	Cultivate positive emotions.					X								X	X	
	Consider the effects of behavior and decisions on others.			X							X	X	X		X	
	Explain thinking clearly.			X	X	X	X	X	X	X	X					
	Handle materials responsibly.						X	X						X	X	
	Ask for and offer help.							X	X				X		X	
Interpersonal Skills	Listen to and share a partner’s thinking with the class.				X									X		
	Seek to understand others’ feelings and perspectives.						X				X		X	X	X	
	Agree and disagree in a respectful way.							X			X					
	Speak and act in respectful, caring, friendly, and helpful ways.								X	X	X	X	X	X	X	
	Include one another.								X	X					X	
	Contribute to group work.								X	X						
	Express interest in and appreciation for others.										X	X	X	X	X	
	Ask and answer questions.										X		X		X	
	Reach agreement.							X				X				
	Share work and materials fairly.			X			X	X	X	X		X				
	Solve problems that arise in working and playing together.		X													
Consider how to make amends after causing harm.																
Executive Function Skills	Remember details.													X		
	Express creativity and divergent thinking.					X			X		X					
	Reflect on thinking, learning, and behavior.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	

Character Building Topic Weeks					Social Issues Topic Weeks								Closing Week	Social Skills		
Alike and Different	Friendship	Gratitude	Happiness and Creativity	Kindness	Bullying	Cheating	Exclusion	Misbehavior Outside Class	Mishandling Belongings	Unkind Speech	Resolving Conflicts	Teasing	Reflecting on the Classroom Community			
															Learn and follow classroom and school rules and procedures.	Beginning-of-Year Skills
															Look at one another and greet one another by name.	
															Generate norms for the classroom community.	
															Learn cooperative structures ("Turn to Your Partner"; "Think, Pair, Share"; "Heads Together") and discussion prompts.	
															Speak clearly and listen to one another.	
															Communicate responsibly between home and school.	
				X	X	X	X	X	X	X	X	X	X	X	Take responsibility for learning and behavior.	Self-management Skills
										X	X				Recognize emotions and express them appropriately.	
X	X	X	X	X										X	Cultivate positive emotions.	
				X	X	X	X	X	X	X	X	X			Consider the effects of behavior and decisions on others.	
											X				Explain thinking clearly.	
									X						Handle materials responsibly.	
	X			X	X		X				X				Ask for and offer help.	Interpersonal Skills
	X	X						X				X			Listen to and share a partner's thinking with the class.	
X				X	X	X	X		X	X	X	X			Seek to understand others' feelings and perspectives.	
X											X				Agree and disagree in a respectful way.	
	X			X						X				X	Speak and act in respectful, caring, friendly, and helpful ways.	
							X								Include one another.	
X						X									Contribute to group work.	Executive Function Skills
X	X	X	X											X	Express interest in and appreciation for others.	
					X										Ask and answer questions.	
X						X					X				Reach agreement.	
						X	X								Share work and materials fairly.	
					X	X	X	X	X	X	X	X			Solve problems that arise in working and playing together.	
					X		X			X	X	X			Consider how to make amends after causing harm.	Executive Function Skills
						X									Remember details.	
			X	X			X								Express creativity and divergent thinking.	
X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	Reflect on thinking, learning, and behavior.	

Social Skills

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1–10										School Life Topic Weeks				
		1	2	3	4	5	6	7	8	9	10	Preparing for Assemblies	Preparing for Field Trips	Preparing for a Substitute Teacher	Returning from Vacation	Welcoming New Students
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X									X					
	Look at one another and greet one another by name.	X														
	Generate norms for the classroom community.		X													
	Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.		X			X		X	X							
	Speak clearly and listen to one another.		X	X												
Communicate responsibly between home and school.				X												
Self-management Skills	Take responsibility for learning and behavior.	X	X	X	X		X				X	X	X			
	Recognize emotions and express them appropriately.			X			X	X						X	X	
	Cultivate positive emotions.					X								X	X	
	Consider the effects of behavior and decisions on others.			X							X	X	X		X	
	Explain thinking clearly.			X	X	X	X	X	X	X	X					
	Handle materials responsibly.						X	X						X	X	
	Ask for and offer help.							X	X				X		X	
Interpersonal Skills	Listen to and share a partner’s thinking with the class.				X									X		
	Seek to understand others’ feelings and perspectives.						X				X		X	X	X	
	Agree and disagree in a respectful way.							X			X					
	Speak and act in respectful, caring, friendly, and helpful ways.								X	X	X	X	X	X	X	
	Include one another.								X	X					X	
	Contribute to group work.								X	X						
	Express interest in and appreciation for others.										X	X	X	X	X	
	Ask and answer questions.										X		X		X	
	Reach agreement.							X				X				
	Share work and materials fairly.			X			X	X	X	X		X				
	Solve problems that arise in working and playing together.		X													
Consider how to make amends after causing harm.																
Executive Function Skills	Remember details.													X		
	Express creativity and divergent thinking.					X			X		X					
	Reflect on thinking, learning, and behavior.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	

Character Building Topic Weeks					Social Issues Topic Weeks								Closing Week	Social Skills		
Alike and Different	Friendship	Gratitude	Happiness and Creativity	Kindness	Bullying	Cheating	Exclusion	Misbehavior Outside Class	Mishandling Belongings	Unkind Speech	Resolving Conflicts	Teasing	Reflecting on the Classroom Community			
															Learn and follow classroom and school rules and procedures.	Beginning-of-Year Skills
															Look at one another and greet one another by name.	
															Generate norms for the classroom community.	
															Learn cooperative structures ("Turn to Your Partner"; "Think, Pair, Share"; "Heads Together") and discussion prompts.	
															Speak clearly and listen to one another.	
															Communicate responsibly between home and school.	
				X	X	X	X	X	X	X	X	X	X	X	Take responsibility for learning and behavior.	Self-management Skills
										X	X				Recognize emotions and express them appropriately.	
X	X	X	X	X										X	Cultivate positive emotions.	
				X	X	X	X	X	X	X	X	X			Consider the effects of behavior and decisions on others.	
											X				Explain thinking clearly.	
									X						Handle materials responsibly.	
	X			X	X		X				X				Ask for and offer help.	
	X	X						X				X			Listen to and share a partner's thinking with the class.	
X				X	X	X	X		X	X	X	X			Seek to understand others' feelings and perspectives.	
X											X				Agree and disagree in a respectful way.	
	X			X						X				X	Speak and act in respectful, caring, friendly, and helpful ways.	Interpersonal Skills
							X								Include one another.	
X						X									Contribute to group work.	
X	X	X	X											X	Express interest in and appreciation for others.	
					X										Ask and answer questions.	
X						X					X				Reach agreement.	
						X	X								Share work and materials fairly.	
					X	X	X	X	X	X	X	X			Solve problems that arise in working and playing together.	
					X		X			X	X	X			Consider how to make amends after causing harm.	
						X									Remember details.	
			X	X			X								Express creativity and divergent thinking.	Executive Function Skills
X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	Reflect on thinking, learning, and behavior.	

Social Skills

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		Beginning the Year Weeks 1-10										School Life Topic Weeks					
		1	2	3	4	5	6	7	8	9	10	Preparing for Assemblies	Preparing for a Field Trip	Preparing for a Substitute Teacher	Preparing for Tests	Returning from Vacation	Welcoming New Students
Social Skills																	
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X										X					
	Look at one another and greet one another by name.	X															
	Generate norms for the classroom community.		X														
	Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.		X			X		X	X								
	Speak clearly and listen to one another.		X	X													
	Communicate responsibly between home and school.				X												
Self-management Skills	Take responsibility for learning and behavior.	X	X	X	X		X				X	X	X	X			
	Recognize emotions and express them appropriately.			X			X	X							X	X	
	Cultivate positive emotions.					X								X	X	X	
	Consider the effects of behavior and decisions on others.			X								X	X	X			X
	Explain thinking clearly.			X	X	X	X	X	X	X			X		X		
	Handle materials responsibly.						X	X									X
	Ask for and offer help.							X	X				X				X
Interpersonal Skills	Listen to and share a partner’s thinking with the class.				X							X		X		X	
	Seek to understand others’ feelings and perspectives.						X					X		X		X	X
	Agree and disagree in a respectful way.							X				X					
	Speak and act in respectful, caring, friendly, and helpful ways.								X	X	X	X	X	X		X	X
	Include one another.								X	X							X
	Contribute to group work.								X	X							
	Express interest in and appreciation for others.										X	X	X		X	X	
	Ask and answer questions.										X		X		X		
	Reach agreement.							X				X	X				
	Share work and materials fairly.			X			X	X	X	X		X					
	Solve problems that arise in working and playing together.		X														
	Consider how to make amends after causing harm.																

Character Building Topic Weeks					Social Issues Topic Weeks							Closing Week	Social Skills		
Courage	Friendship	Gratitude	Perseverance	Kindness	Bullying	Exclusion	Misbehavior Outside Class	Mishandling Belongings	Unkind Speech	Resolving Conflicts	Teasing	Reflecting on the Classroom Community			
														Learn and follow classroom and school rules and procedures.	Beginning-of-Year Skills
														Look at one another and greet one another by name.	
														Generate norms for the classroom community.	
														Learn cooperative structures ("Turn to Your Partner"; "Think, Pair, Share"; "Heads Together") and discussion prompts.	
														Speak clearly and listen to one another.	
														Communicate responsibly between home and school.	Self-management Skills
X			X		X	X	X	X	X	X	X	X		Take responsibility for learning and behavior.	
X	X								X	X				Recognize emotions and express them appropriately.	
X	X	X	X										X	Cultivate positive emotions.	
X				X	X	X	X	X	X	X	X			Consider the effects of behavior and decisions on others.	
X	X									X				Explain thinking clearly.	
								X						Handle materials responsibly.	
X	X			X		X				X				Ask for and offer help.	
	X	X					X				X			Listen to and share a partner's thinking with the class.	
				X	X	X		X	X	X	X			Seek to understand others' feelings and perspectives.	
X			X						X	X				Agree and disagree in a respectful way.	
X	X			X					X				X	Speak and act in respectful, caring, friendly, and helpful ways.	Interpersonal Skills
						X								Include one another.	
					X	X								Contribute to group work.	
	X	X											X	Express interest in and appreciation for others.	
X	X		X											Ask and answer questions.	
					X	X				X				Reach agreement.	
				X	X	X								Share work and materials fairly.	
				X	X	X	X	X	X	X	X			Solve problems that arise in working and playing together.	
				X		X			X	X	X			Consider how to make amends after causing harm.	

(continues)

Social Skills *(continued)*

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1-10										School Life Topic Weeks						
		1	2	3	4	5	6	7	8	9	10	Preparing for Assemblies	Preparing for a Field Trip	Preparing for a Substitute Teacher	Preparing for Tests	Returning from Vacation	Welcoming New Students	
Executive Function Skills	Remember details.													X			X	
	Express creativity and divergent thinking.					X			X			X	X					
	Reflect on thinking, learning, and behavior.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
	Monitor attention and refocus when necessary.														X			
	Set and work toward goals.														X			
	Persevere through challenges.														X			

Character Building Topic Weeks				Social Issues Topic Weeks								Closing Week	Social Skills	Executive Function Skills	
Courage	Friendship	Gratitude	Perseverance	Kindness	Bullying	Exclusion	Misbehavior Outside Class	Mishandling Belongings	Unkind Speech	Resolving Conflicts	Teasing	Reflecting on the Classroom Community			
X			X		X										Remember details.
			X	X		X									Express creativity and divergent thinking.
X	X	X	X	X	X	X	X	X	X	X	X	X			Reflect on thinking, learning, and behavior.
X			X												Monitor attention and refocus when necessary.
X			X									X			Set and work toward goals.
X			X							X			Persevere through challenges.		

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“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1-10										School Life Topic Weeks					
		1	2	3	4	5	6	7	8	9	10	Preparing for Assemblies	Preparing for a Field Trip	Preparing for a Substitute Teacher	Preparing for Tests	Returning from Vacation	Welcoming New Students
Social Skills																	
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X										X					
	Look at one another and greet one another by name.	X															
	Generate norms for the classroom community.		X														
	Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.		X			X		X	X								
	Speak clearly and listen to one another.		X	X													
	Communicate responsibly between home and school.				X												
Self-management Skills	Take responsibility for learning and behavior.	X	X	X	X		X				X	X	X	X			
	Recognize emotions and express them appropriately.			X			X	X							X	X	
	Cultivate positive emotions.					X								X	X	X	
	Consider the effects of behavior and decisions on others.			X								X	X	X			X
	Explain thinking clearly.			X	X	X	X	X	X	X	X		X		X		
	Handle materials responsibly.						X	X									X
	Ask for and offer help.							X	X				X				X
Interpersonal Skills	Listen to and share a partner’s thinking with the class.				X							X		X		X	
	Seek to understand others’ feelings and perspectives.						X					X		X		X	X
	Agree and disagree in a respectful way.							X				X					
	Speak and act in respectful, caring, friendly, and helpful ways.								X	X	X	X	X	X		X	X
	Include one another.								X	X							X
	Contribute to group work.								X	X							
	Express interest in and appreciation for others.											X	X	X		X	X
	Ask and answer questions.											X		X		X	
	Reach agreement.							X				X	X				
	Share work and materials fairly.			X			X	X	X	X		X					
	Solve problems that arise in working and playing together.		X														
	Consider how to make amends after causing harm.																

Character Building Topic Weeks					Social Issues Topic Weeks							Closing Week	Social Skills		
Courage	Friendship	Gratitude	Perseverance	Kindness	Bullying	Exclusion	Misbehavior Outside Class	Mishandling Belongings	Unkind Speech	Resolving Conflicts	Teasing	Reflecting on the Classroom Community			
														Learn and follow classroom and school rules and procedures.	Beginning-of-Year Skills
														Look at one another and greet one another by name.	
														Generate norms for the classroom community.	
														Learn cooperative structures ("Turn to Your Partner"; "Think, Pair, Share"; "Heads Together") and discussion prompts.	
														Speak clearly and listen to one another.	
														Communicate responsibly between home and school.	Self-management Skills
X			X		X	X	X	X	X	X	X	X		Take responsibility for learning and behavior.	
X	X								X	X				Recognize emotions and express them appropriately.	
X	X	X	X									X		Cultivate positive emotions.	
X				X	X	X	X	X	X	X	X			Consider the effects of behavior and decisions on others.	
X	X									X				Explain thinking clearly.	
								X						Handle materials responsibly.	
X	X			X		X				X				Ask for and offer help.	
	X	X					X				X			Listen to and share a partner's thinking with the class.	
				X	X	X		X	X	X	X			Seek to understand others' feelings and perspectives.	
X			X						X	X				Agree and disagree in a respectful way.	
X	X			X					X			X		Speak and act in respectful, caring, friendly, and helpful ways.	Interpersonal Skills
						X								Include one another.	
					X	X								Contribute to group work.	
	X	X										X		Express interest in and appreciation for others.	
X	X		X											Ask and answer questions.	
					X	X				X				Reach agreement.	
				X	X	X								Share work and materials fairly.	
				X	X	X	X	X	X	X	X			Solve problems that arise in working and playing together.	
				X		X			X	X	X			Consider how to make amends after causing harm.	

(continues)

Social Skills *(continued)*

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1-10										School Life Topic Weeks						
		1	2	3	4	5	6	7	8	9	10	Preparing for Assemblies	Preparing for a Field Trip	Preparing for a Substitute Teacher	Preparing for Tests	Returning from Vacation	Welcoming New Students	
Executive Function Skills	Remember details.													X			X	
	Express creativity and divergent thinking.					X			X			X	X					
	Reflect on thinking, learning, and behavior.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
	Monitor attention and refocus when necessary.														X			
	Set and work toward goals.														X			
	Persevere through challenges.														X			

Character Building Topic Weeks				Social Issues Topic Weeks								Closing Week	
Courage	Friendship	Gratitude	Perseverance	Kindness	Bullying	Exclusion	Misbehavior Outside Class	Mishandling Belongings	Unkind Speech	Resolving Conflicts	Teasing	Reflecting on the Classroom Community	
X			X		X								Remember details.
			X	X		X							Express creativity and divergent thinking.
X	X	X	X	X	X	X	X	X	X	X	X	X	Reflect on thinking, learning, and behavior.
X			X										Monitor attention and refocus when necessary.
X			X									X	Set and work toward goals.
X			X							X			Persevere through challenges.

Executive Function Skills

Social Skills

"X" indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

Social Skills		Beginning the Year Weeks 1-10										Positive School Experiences Topic Weeks				
		1	2	3	4	5	6	7	8	9	10	Planning a Celebration	Welcoming New Students	Enjoying Lunchtime	Homework	
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X														
	Look at one another and greet one another by name.	X														
	Get to know one another.	X	X	X												
	Generate norms for the classroom community.		X													
	Learn cooperative structures ("Turn to Your Partner"; "Think, Pair, Share"; "Heads Together") and discussion prompts.		X					X		X						
	Speak clearly and listen to one another.	X	X	X	X	X										
	Communicate responsibly between home and school.			X	X			X		X			X			
Self-management Skills	Take responsibility for learning and behavior.		X	X	X	X				X	X	X				
	Recognize emotions and express them appropriately.						X	X								
	Cultivate positive emotions.											X	X			
	Consider the effects of behavior and decisions on others.					X				X	X					
	Reflect on behavior and experiences.	X							X				X	X		
	Explain thinking clearly.				X					X			X	X		
	Handle materials responsibly.															
	Ask for help when needed.		X	X	X					X	X				X	
Consider the natural consequences of actions.																

Personal Relationships Topic Weeks				Social Issues Topic Weeks					Wellness and Creativity Topic Weeks				Closing Week			
Friendship	Girl-Boy Friendships	Kindness	Appreciating Diversity	Resolving Conflicts 1	Resolving Conflicts 2	Peer Pressure	Respecting Belongings	Exclusion/Cliques	Using Social Media Responsibly	Reducing Stress	Happiness	Interests Outside of School	Sleep	Reflecting on the Advisory Community		
															Learn and follow classroom and school rules and procedures.	Beginning-of-Year Skills
															Look at one another and greet one another by name.	
												X			Get to know one another.	
															Generate norms for the classroom community.	
															Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.	
															Speak clearly and listen to one another.	
X				X		X	X	X		X	X		X		Communicate responsibly between home and school.	Self-management Skills
		X								X					Take responsibility for learning and behavior.	
		X				X									Recognize emotions and express them appropriately.	
	X										X			X	Cultivate positive emotions.	
X								X	X						Consider the effects of behavior and decisions on others.	
										X	X	X	X	X	Reflect on behavior and experiences.	
				X	X								X		Explain thinking clearly.	
							X								Handle materials responsibly.	
					X										Ask for help when needed.	
						X		X					X		Consider the natural consequences of actions.	

(continues)

Social Skills *(continued)*

"X" indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1-10										Positive School Experiences Topic Weeks			
		1	2	3	4	5	6	7	8	9	10	Planning a Celebration	Welcoming New Students	Enjoying Lunchtime	Homework
Social Skills															
Interpersonal Skills	Listen to and share a partner's thinking with the class.			X						X	X	X			
	Seek to understand others' feelings and perspectives.						X					X			
	Agree and disagree in a respectful way.						X								
	Speak and act in respectful, caring, friendly, and helpful ways.					X	X	X		X	X				
	Include one another.								X	X	X				
	Contribute to group work.								X	X	X				
	Express interest in and appreciation for others.							X							
	Ask and answer questions.							X		X					
	Reach agreement.					X	X								
	Share work and materials fairly.							X							
	Solve problems that arise in working together.												X		
	Consider how to make amends after causing harm.				X										
	Make fair decisions.														
Executive Function Skills	Remember details.												X		
	Express creativity and divergent thinking.														
	Reflect on thinking and learning.							X						X	
	Set and work toward goals.													X	
	Persevere through challenges.													X	
	Plan and monitor time for tasks.													X	
	Organize and prioritize information.		X	X											
	Plan and revise strategies for tasks.		X	X				X		X				X	
Prioritize among competing demands.													X		

Personal Relationships Topic Weeks				Social Issues Topic Weeks					Wellness and Creativity Topic Weeks				Closing Week	Social Skills	
Friendship	Girl-Boy Friendships	Kindness	Appreciating Diversity	Resolving Conflicts 1	Resolving Conflicts 2	Peer Pressure	Respecting Belongings	Exclusion/Cliques	Using Social Media Responsibly	Reducing Stress	Happiness	Interests Outside of School	Sleep		Reflecting on the Advisory Community
		X		X	X	X					X		X		Listen to and share a partner's thinking with the class.
	X			X											Seek to understand others' feelings and perspectives.
	X								X						Agree and disagree in a respectful way.
X		X	X				X							X	Speak and act in respectful, caring, friendly, and helpful ways.
	X		X				X	X							Include one another.
X	X		X				X	X							Contribute to group work.
			X									X			Express interest in and appreciation for others.
			X									X			Ask and answer questions.
				X			X								Reach agreement.
															Share work and materials fairly.
															Solve problems that arise in working together.
									X						Consider how to make amends after causing harm.
				X											Make fair decisions.
		X				X							X		Remember details.
										X					Express creativity and divergent thinking.
															Reflect on thinking and learning.
															Set and work toward goals.
															Persevere through challenges.
															Plan and monitor time for tasks.
															Organize and prioritize information.
															Plan and revise strategies for tasks.
															Prioritize among competing demands.

Interpersonal Skills

Executive Function Skills

Social Skills

"X" indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

Social Skills		Beginning the Year Weeks 1-10										Positive School Experiences Topic Weeks				
		1	2	3	4	5	6	7	8	9	10	Planning a Celebration	Helping Younger Students	Enjoying Lunchtime	Homework	
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X														
	Look at one another and greet one another by name.	X														
	Get to know one another.	X	X	X												
	Generate norms for the classroom community.		X													
	Learn cooperative structures ("Turn to Your Partner"; "Think, Pair, Share"; "Heads Together") and discussion prompts.		X					X		X						
	Speak clearly and listen to one another.	X	X	X	X	X										
	Communicate responsibly between home and school.			X	X			X		X						
Self-management Skills	Take responsibility for learning and behavior.		X	X	X	X				X	X	X				
	Recognize emotions and express them appropriately.						X	X								
	Cultivate positive emotions.											X	X			
	Consider the effects of behavior and decisions on others.					X				X	X					
	Reflect on behavior and experiences.	X							X				X	X		
	Explain thinking clearly.				X					X				X	X	
	Handle materials responsibly.															
	Ask for help when needed.		X	X	X					X	X					X
Consider the natural consequences of actions.																

Personal Relationships Topic Weeks				Social Issues Topic Weeks					Wellness and Creativity Topic Weeks				Closing Week			
Friendship	Girl-Boy Friendships	Kindness	Appreciating Diversity	Resolving Conflicts 1	Resolving Conflicts 2	Peer Pressure	Respecting Belongings	Exclusion/Cliques	Using Social Media Responsibly	Reducing Stress	Happiness	Interests Outside of School	Sleep	Reflecting on the Advisory Community		
															Learn and follow classroom and school rules and procedures.	Beginning-of-Year Skills
															Look at one another and greet one another by name.	
												X			Get to know one another.	
															Generate norms for the classroom community.	
															Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.	
															Speak clearly and listen to one another.	
X				X		X	X	X		X	X		X		Communicate responsibly between home and school.	Self-management Skills
		X								X					Take responsibility for learning and behavior.	
		X				X									Recognize emotions and express them appropriately.	
	X										X			X	Cultivate positive emotions.	
X								X	X						Consider the effects of behavior and decisions on others.	
										X	X	X	X	X	Reflect on behavior and experiences.	
				X	X									X	Explain thinking clearly.	
							X								Handle materials responsibly.	
					X										Ask for help when needed.	
						X		X					X		Consider the natural consequences of actions.	

(continues)

Social Skills *(continued)*

"X" indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

Social Skills		Beginning the Year Weeks 1-10										Positive School Experiences Topic Weeks			
		1	2	3	4	5	6	7	8	9	10	Planning a Celebration	Helping Younger Students	Enjoying Lunchtime	Homework
Interpersonal Skills	Listen to and share a partner's thinking with the class.			X						X	X	X			
	Seek to understand others' feelings and perspectives.						X					X			
	Agree and disagree in a respectful way.						X								
	Speak and act in respectful, caring, friendly, and helpful ways.					X	X	X		X	X				
	Include one another.								X	X	X				
	Contribute to group work.								X	X	X				
	Express interest in and appreciation for others.							X							
	Ask and answer questions.							X		X					
	Reach agreement.							X							
	Share work and materials fairly.							X							
	Solve problems that arise in working together.												X		
	Consider how to make amends after causing harm.				X										
	Make fair decisions.														
Executive Function Skills	Remember details.												X		
	Express creativity and divergent thinking.														
	Reflect on thinking and learning.							X						X	
	Set and work toward goals.													X	
	Persevere through challenges.													X	
	Plan and monitor time for tasks.													X	
	Organize and prioritize information.		X	X											
	Plan and revise strategies for tasks.		X	X				X		X				X	
Prioritize among competing demands.													X		

Personal Relationships Topic Weeks				Social Issues Topic Weeks					Wellness and Creativity Topic Weeks				Closing Week	Social Skills	
Friendship	Girl-Boy Friendships	Kindness	Appreciating Diversity	Resolving Conflicts 1	Resolving Conflicts 2	Peer Pressure	Respecting Belongings	Exclusion/Cliques	Using Social Media Responsibly	Reducing Stress	Happiness	Interests Outside of School	Sleep		Reflecting on the Advisory Community
		X		X	X	X					X		X		Listen to and share a partner's thinking with the class.
	X			X											Seek to understand others' feelings and perspectives.
	X								X						Agree and disagree in a respectful way.
X		X	X				X							X	Speak and act in respectful, caring, friendly, and helpful ways.
	X		X				X	X							Include one another.
X	X		X				X	X							Contribute to group work.
			X									X			Express interest in and appreciation for others.
			X									X			Ask and answer questions.
				X			X								Reach agreement.
															Share work and materials fairly.
															Solve problems that arise in working together.
									X						Consider how to make amends after causing harm.
				X											Make fair decisions.
		X				X							X		Remember details.
										X					Express creativity and divergent thinking.
															Reflect on thinking and learning.
															Set and work toward goals.
															Persevere through challenges.
															Plan and monitor time for tasks.
															Organize and prioritize information.
															Plan and revise strategies for tasks.
															Prioritize among competing demands.

Interpersonal Skills

Executive Function Skills

APPENDIX A

Social Skills

“X” indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

Social Skills		Beginning the Year Weeks 1-10										Positive School Experiences Topic Weeks				
		1	2	3	4	5	6	7	8	9	10	Planning a Celebration	Helping Younger Students	Enjoying Lunchtime	Homework	
Beginning-of-Year Skills	Learn and follow classroom and school rules and procedures.	X														
	Look at one another and greet one another by name.	X														
	Get to know one another.	X	X	X												
	Generate norms for the classroom community.		X													
	Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.		X					X		X						
	Speak clearly and listen to one another.	X	X	X	X	X										
	Communicate responsibly between home and school.			X	X			X		X						
Self-management Skills	Take responsibility for learning and behavior.		X	X	X	X				X	X	X				
	Recognize emotions and express them appropriately.						X	X								
	Cultivate positive emotions.											X	X			
	Consider the effects of behavior and decisions on others.					X				X	X					
	Reflect on behavior and experiences.	X							X				X	X		
	Explain thinking clearly.				X					X			X	X		
	Handle materials responsibly.															
	Ask for help when needed.		X	X	X					X	X					X
Consider the natural consequences of actions.																

Personal Relationships Topic Weeks				Social Issues Topic Weeks						Wellness and Creativity Topic Weeks				Closing Week	
Friendship	Girl-Boy Friendships	Kindness	Appreciating Diversity	Resolving Conflicts 1	Resolving Conflicts 2	Peer Pressure	Respecting Belongings	Exclusion/Cliques	Using Social Media Responsibly	Reducing Stress	Happiness	Interests Outside of School	Sleep	Reflecting on the Advisory Community	
															Social Skills
															Learn and follow classroom and school rules and procedures.
															Look at one another and greet one another by name.
												X			Get to know one another.
															Generate norms for the classroom community.
															Learn cooperative structures (“Turn to Your Partner”; “Think, Pair, Share”; “Heads Together”) and discussion prompts.
															Speak clearly and listen to one another.
X				X		X	X	X		X	X		X		Communicate responsibly between home and school.
		X								X					Take responsibility for learning and behavior.
		X				X									Recognize emotions and express them appropriately.
	X										X			X	Cultivate positive emotions.
X								X	X						Consider the effects of behavior and decisions on others.
										X	X	X	X	X	Reflect on behavior and experiences.
				X	X									X	Explain thinking clearly.
							X								Handle materials responsibly.
					X										Ask for help when needed.
						X		X					X		Consider the natural consequences of actions.

Beginning-of-Year Skills

Self-management Skills

(continues)

Social Skills *(continued)*

"X" indicates a week in which a named social skill is explicitly or implicitly emphasized. Many social skills are practiced as ancillary skills in unmarked weeks as well.

		Beginning the Year Weeks 1–10										Positive School Experiences Topic Weeks			
		1	2	3	4	5	6	7	8	9	10	Planning a Celebration	Helping Younger Students	Enjoying Lunchtime	Homework
Interpersonal Skills	Listen to and share a partner's thinking with the class.				X						X	X	X		
	Seek to understand others' feelings and perspectives.							X					X		
	Agree and disagree in a respectful way.							X							
	Speak and act in respectful, caring, friendly, and helpful ways.						X	X	X		X	X			
	Include one another.									X	X	X			
	Contribute to group work.									X	X	X			
	Express interest in and appreciation for others.								X						
	Ask and answer questions.								X		X				
	Reach agreement.								X						
	Share work and materials fairly.								X						
	Solve problems that arise in working together.													X	
	Consider how to make amends after causing harm.					X									
Make fair decisions.															
Executive Function Skills	Remember details.													X	
	Express creativity and divergent thinking.														
	Reflect on thinking and learning.								X						X
	Set and work toward goals.														X
	Persevere through challenges.														X
	Plan and monitor time for tasks.														X
	Organize and prioritize information.		X	X											
	Plan and revise strategies for tasks.		X	X					X			X			X
Prioritize among competing demands.														X	

Personal Relationships Topic Weeks				Social Issues Topic Weeks					Wellness and Creativity Topic Weeks			Closing Week			
Friendship	Girl-Boy Friendships	Kindness	Appreciating Diversity	Resolving Conflicts 1	Resolving Conflicts 2	Peer Pressure	Respecting Belongings	Exclusion/Cliques	Using Social Media Responsibly	Reducing Stress	Happiness	Interests Outside of School	Sleep	Reflecting on the Advisory Community	
		X		X	X	X					X		X		Listen to and share a partner's thinking with the class.
	X			X											Seek to understand others' feelings and perspectives.
	X								X						Agree and disagree in a respectful way.
X		X	X				X							X	Speak and act in respectful, caring, friendly, and helpful ways.
	X		X				X	X							Include one another.
X	X		X				X	X							Contribute to group work.
			X									X			Express interest in and appreciation for others.
			X									X			Ask and answer questions.
				X			X								Reach agreement.
															Share work and materials fairly.
															Solve problems that arise in working together.
									X						Consider how to make amends after causing harm.
				X											Make fair decisions.
		X				X							X		Remember details.
										X					Express creativity and divergent thinking.
															Reflect on thinking and learning.
															Set and work toward goals.
															Persevere through challenges.
															Plan and monitor time for tasks.
															Organize and prioritize information.
															Plan and revise strategies for tasks.
															Prioritize among competing demands.

Interpersonal Skills

Executive Function Skills

Social Skills