

Caring School Community® Alignment with Social Emotional Competencies, Kindergarten

EMOTIONAL DEVELOPMENT (PK–5K)			
Understand and manage one’s emotions			
No.	CASEL Domain	PK–5K	<i>Caring School Community, Grade K</i>
1	Self-Awareness	Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others.	<i>Teacher’s Manual</i> Getting to Know My Feelings, Weeks 18–23 Caring About Others, Weeks 24–29
2	Self-Management	Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions.	<i>Teacher’s Manual</i> Getting to Know My Feelings, Weeks 18–23
3	Self-Management	Learners will be able to, with adult guidance, display age appropriate self-control.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 Building Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner and Community Member, Weeks 11–17 Getting to Know My Feelings, Weeks 22–23 <i>Caring School Discipline</i> Chapters 1–9 (as needed to support individual students)
4	Focus Attention	Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 Being a Responsible Learner and Community Member, Weeks 3–10 Getting to Know My Feelings, Week 21
5	Social Awareness	Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy.	<i>Teacher’s Manual</i> Caring About Others, Weeks 24–27, 30
6	Social Awareness	Learners will be able to associate words and gestures with a variety of emotions expressed by others.	<i>Teacher’s Manual</i> Getting to Know My Feelings, Weeks 18–20, 22 Caring About Others, Weeks 24–27



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SELF-CONCEPT (PK–5K)			
Develop positive self-identity and recognize self as a lifelong learner			
No.	CASEL Domain	PK-5K	<i>Caring School Community, Grade K</i>
7	Self-Awareness	Learners will be able to exhibit positive self-concept and confidence in their abilities.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–6, 10 Getting to Know My Feelings, Weeks 18, 21
8	Self-Awareness	Learners will be able to, with adult guidance, recognize and share independent thoughts.	<i>Teacher’s Manual</i> Starting the Year, Week 2 Building Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–12, 14, 16 Getting to Know My Feelings, Weeks 18–21 Secret Student (weekly beginning in Week 2)
9	Self-Awareness Social-Awareness	Learners will be able to show awareness of being part of a family and a larger community.	<i>Teacher’s Manual</i> Building the Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner, Week 13 Home Sharing Activities (weekly beginning in Week 2) <i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10) <i>Schoolwide Community-building Activities</i> 3–4 times per year (as scheduled)
10	Self-Management	Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 <i>Community Chats</i> Assemblies Field Trips Getting Ready for a Substitute Teacher



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			<i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10)
11	Self-Awareness Self-Management	Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities.	<i>Teacher’s Manual</i> Daily Morning Circles, Weeks 1–30

SOCIAL COMPETENCE (Pre-K–K)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

No.	CASEL Domain	PK-5K	<i>Caring School Community, Grade K</i>
12	Social Awareness	Learners will be able to demonstrate awareness of self as a unique individual.	<i>Teacher’s Manual</i> Secret Student (weekly beginning in Week 2) Getting to Know My Feelings, Weeks 18–23
13	Social Awareness	Learners will be able to reflect their family, culture, and community when engaged in play and learning.	<i>Teacher’s Manual</i> Home Sharing Activities (weekly beginning in Week 2)
14	Social Awareness	Learners will be able to, with adult guidance, begin to notice that other children and families do things differently.	<i>Teacher’s Manual</i> Building the Classroom and School Community, Weeks 5–10 Being a Responsible Learner and Community Member, Weeks 11–14, 16 Home Sharing Activities (weekly beginning in Week 2) <i>Schoolwide Community-building Activities</i> 3–4 times per year (as scheduled)
15	Relationship Skills	Learners will be able to engage in healthy and rewarding social interactions and play with peers.	<i>Teacher’s Manual</i> Building the Classroom and School Community, Weeks 5–10 Being a Responsible Learner and Community Member, Weeks 12–17 Caring About Others, Weeks 24–30



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16	Relationship Skills	Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults).	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–17 Getting to Know My Feelings, Weeks 18–21 Caring About Others, Weeks 28–29 Ending the Year, Week 30
17	Relationship Skills	Learners will be able to adapt behavior based on adult directives.	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7, 9–10 Being a Safe and Responsible Learner and Community Member, Weeks 11–17
18	Relationship Skills	Learners will be able to participate in cooperative play with peers.	<i>Teacher's Manual</i> Starting the Year, Week 2 Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–17
19	Relationship Skills	Learners will be able to, with adult guidance, identify and communicate needs in conflict situations.	<i>Teacher's Manual</i> Getting to Know My Feelings, Weeks 18–23 <i>Community Chats</i> Playground Challenges Taking Things Mean Behavior Speaking Unkindly Teasing <i>Caring School Discipline</i> Chapters 1–9 (as needed to support individual students)
20	Decision Making	Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7–9 Being a Responsible Learner and Community Member, Weeks 11–17



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			<i>Caring School Discipline</i> Chapters 1–9 (As needed to support individual students)
21	Social Awareness	Learners will be able to follow simple group rules.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7–9 Being a Responsible Learner and Community Member, Weeks 11–17
22	Decision Making Relationship Skills	Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–4, 10
23	Social Awareness Relationship Skills	Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment.	<i>Teacher’s Manual</i> Starting the Year, Weeks 1–2 <i>Community Chats</i> Assemblies Field Trips Getting Ready for a Substitute Teacher <i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10)
24	Decision Making Social Awareness Relationship Skills	Learners will be able to show awareness of being part of a family and a larger community.	<i>Teacher’s Manual</i> Building the Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner, Week 13 Home Sharing Activities, weekly (beginning in Week 2) <i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10) <i>Schoolwide Community-building Activities</i> 3–4 times per year (as scheduled)

